

Just Fly

拍數: 32 牆數: 4 級數: Improver
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音樂: Just Fly - Max Barskih : (iTunes, Amazon, etc.)



[1-8] STEP, CLAP, CLAP, STEP, CLAP, SIDE ROCK, RECOVER, CROSS, SWEEP

- 1-2& Step R forward/slightly across L (1); Clap hands twice (2&)
3-4 Step L forward/slightly across R (3); Clap hands once (4)
5-6 Rock R to right (5); Recover to L (6)
7-8 Cross R over L (7); Sweep L forward (can be either a low sweep or raise up on the ball of the R foot sweeping the L a little higher in the air) (8) 12:00

[9-16] WEAVE: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, TRIPLE L 1/4 TURN L

- 1-4 Cross L over R (1); Step R to right (2); Step L behind R (3); Step R to right (4)
5-6 Cross rock L over R (5); Recover on R (6)
7&8 Step L to left (7); Step R beside L (&); Turn 1/4 left stepping L forward (8) 9:00

[17-24] DIAGONALLY FORWARD & BACK: POINT, TOUCH, LARGE STEP, TOUCH, POINT, TOUCH, LARGE STEP, TOUCH

- 1-2 With body facing 7:30: Point R to right (toward 10:30) (1); Touch R beside L (2)
3-4 Large step R to right (toward 10:30) dragging L toe (3); Touch L beside R (4)
5-6 With body still facing 7:30: Point L to left (toward 4:30) (5); Touch L beside R (6)
7-8 Large step L to left (toward 4:30) dragging R toe (7); Touch R beside L (8)

Styling: Arms can go out to the sides on counts 3 and 7 as you do the diagonal big step/drag.

[25-32] 2 TOE STRUTS, 4 WALKS IN A CIRCLE

- 1-2 Still facing 7:30: Step R toe to right (toward 10:30) (2); Drop R heel (2)
3-4 Squaring up to 9:00: Step L toe across R (3); Drop L heel (4)
5-8 Walking R, L, R, L making a full circle around to the right to finish facing 9:00.

Styling: Arms can "airplane" with R arm up and L arm down as you circle around.

TAG: At the end of wall 4, you will be facing 12:00.

Slowly rock R forward bringing arms up to the side (1-2),

Slowly recover back on L bringing arms down (3-4).

The arm motion should look like the wings of a bird.

BEGIN AGAIN! ENJOY!

Ending: At the end of the song, facing 12:00, step R forward with the same arm motion as the tag.