

Sugar Mamma

拍數: 32 牆數: 4 級數:
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音樂: Sugar Mama - Bonnie Raitt



S-1. MODIFIED LOCK STEPS, TOUCH, STEP, TOUCH, ½ TURN

- 1.- Step right diagonally forward
- 2.- Lock left behind right
- &.- Step right forward
- 3.- Step left diagonally forward
- &.- Lock right behind left
- 4.- Step left forward
- 5.- Touch right point forward
- 6.- Step back on right
- 7.- Touch left point back
- 8.- ½ Turn left, weight finish on left foot (6:00)

S-2. STEP, ¼ TURN L, VAUDEVILLE, CROSS, TOUCH-BUMP, CROSS, POINT

- 1.- Step right forward
- 2.- ¼ Turn left (3:00)
- 3.- Cross right over left
- &.- Step left Slightly to left
- 4.- Touch right heel diagonally forwards to right
- &.- Step right slightly back
- 5.- Cross left over right
- 6.- Touch right toe to right side, bump right hip up
- &.- Step right beside left
- 7.- Cross left over right
- 8.- Touch right point to right side

S-3. SAILOR WITH ½ TURN, STEP, ½ TURN, BACKWARDS, COASTER STEP

- 1.- Step right behind left
- &.- ¼ Turn right, step left in place (6:00)
- 2.- ¼ Turn right, step right slightly forward (9:00)
- 3.- Step left forward
- 4.- ½ Turn right, weight finish on left (3:00)
- 5.- Step back on right
- 6.- Step back on left
- 7.- Step back on right
- &.- Step left beside right
- 8.- Step right forward

S-4. WALK, WALK, FULL TURN, SWIVELS WITH ½ TURN, KICK BALL STEP

- 1.- Step left forward
- 2.- Step right forward
- 3.- ½ Turn right, step back on left (9:00)
- &.- ½ Turn right, step right forward (3:00)
- 4.- Step left forward *(3&4 you can do easy version with a triple step forward L-R-L)
- 5 & 6 .- Swivel Both heels left-right-left turning ½ Turn (9:00)
- 7.- Kick right forward

&.- Step right beside left
8.- Step left forward
