

My Mind Is a Jungle

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kim Liebsch (DK) - October 2021
音樂: Jungle - Drew Sycamore



Intro: 14 counts (appr.9 sec) Start with weight on L foot
Restart: On wall 4 after 16 counts (*9:00)

#1 section: ¼ turn point, ¼ turn ¼ turn with point, cross side, cross shuffle

1-2 Make ¼ turn R stepping R to R side, point L to L side 3:00
3-4 Make ¼ turn L stepping fw. on L, make ¼ turn L pointing R to R side 9:00
5-6 Cross R over L, step L to L side 9:00
7&8 Cross R over L, step L to L side, cross R over L 9:00

#2 section: Side rock, sailor ½ turn, step drag, cross rock ¼ turn

1-2 Rock L to L side, recover on R 9:00
3&4 Sweep/cross L behind R making ½ turn L stepping R to R side, cross L over R 3:00
5-6 Step R to R side, drag L to R 3:00
7&8 Cross rock L over L, recover on R, make ¼ turn L stepping fw. on L (*9:00) 12:00

#3 section: Cross rock side X 2, point back ½ turn, step ¾ turn with point

1&2 Cross rock R over L, recover on L, step R to R side 12:00
3&4 Cross rock L over R, recover on R, step L to L side 12:00
5-6 Point R back, make ½ turn R stepping down on R 6:00
7&8 Step fw. on L, make ½ turn R stepping fw. on L, make ¼ turn R pointing L to L side 3:00

#4 section: Step ½ turn, shuffle ½ turn, rocking chair back

1-2 Step fw. on L, make ½ turn R stepping fw. on R 9:00
3&4 Make ¼ turn R stepping L to L side, step R next to L, make ¼ turn R stepping back on L 3:00
5-6 Rock back on R, recover on L 3:00
7-8 Rock fw. on R, recover on L 3:00

Good Luck & N'joy!

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