

Muchacha

拍數: 64 牆數: 2 級數: Phrased Improver
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音樂: Muchacha - Gente de Zona & Becky G.



A: 32c

[1-8] ROCK, CROSS SIDE TOGETHER, CROSS, STEP WITH ½ TURN L, CHASE

- 1 Step RF to R
- 2 Recover
- 3 Cross RF over LF
- & Step LF to L
- 4 Step RF next to LF
- 5 Cross LF over RF
- 6 Step RF to R making ½ to L (6:00)
- 7 Step LF to L
- & Step RF next to LF
- 8 Step LF to L

[9-16] CROSS, STEP BWD, SCISSORS, DIAGONAL ROCKING CHAIR , ROCK, BIG STEP

- 1 Cross RF over LF
- 2 LF step Back
- 3 Step RF to R
- & Step LF next to RF
- 4 Cross RF over LF
- 5 Rock LF forward facing 10:30
- & Recover
- 6 Rock Lf backwards facing 10:30
- & Recover
- 7 Rock LF forward facing 10:30
- & Recover
- 8 Big step LF backwards facing 10:30
- 8 TH WALL: Restart with part B

[17- 24] BALL CHANGE, STEP FWD, LOCK STEP, STEP FWD, ½ TURN L, STEP FWD ½ TURN L, FLICK.

- 1 RF next to LF making ⅛ turn to R (6:00)
- 2 LF step forward
- 3 RF step forward
- & Step LF next to RF
- 4 LF step forward
- 5 LF step forward
- 6 ½ turn R
- 7 LF step forwards
- 8 ½ turn R with flick

[25- 32] CROSS, SIDE, SAILOR WITH ¼ TURN L, ROCK, RECOVER, TRAVELLING PIVOT ½ R, TRAVELLING PIVOT ¾ R

- 1 Cross LF over RF
- 2 RF step to R
- 3 Cross LF behind RF
- & Step RF next to LF
- 4 Step LF forward turning ¼ to L (3:00)
- 5 Rock RF forward

- 6 Recover
- 7 Step RF forward making ½ turn to R (9:00)
- 8 Step LF backward making ¾ turn to R (6:00)

B: 32c

[1-8] STEP, CROSS, STEP TOGETHER WITH CLAP X2, JAZZ BOX, CLAP X2

- 1 Step RF to R
- 2 Cross LF over RF
- 3 Step RF to R
- & Clap
- 4 Clap
- 5 Cross LF over RF
- 6 RF step back
- 7 Step LF to L
- & Clap
- 8 Clap

[9-16] STEP R DIAGONAL FWD, TOUCH, STEP L DIAGONAL BWD CLAP X2, STEP R DIAGONAL BWD, TOUCH, STEP L DIAGONAL FWD, BALL CHANGE.

- 1 Step RF forward to R diagonal
- 2 LF touch next to RF
- 3 Step LF backwards to L diagonal
- & Touch RF next to LF with clap
- 4 Clap
- 5 Step RF backwards to R diagonal
- 6 Touch LF next to RF
- 7 Step LF forward to L diagonal
- 8 Step RF next to LF change weight

[17- 24] STEP, CROSS, STEP TOGETHER WITH CLAP X2, JAZZ BOX, CLAP X2

- 1 Step LF to L
- 2 Cross RF over LF
- 3 Step LF to L
- & Clap
- 4 Clap
- 5 Cross RF over LF
- 6 LF step back
- 7 Step RF to R
- & Clap
- 8 Clap

[25- 32] STEP L DIAGONAL FWD, TOUCH, STEP R DIAGONAL BWD CLAP X2, STEP L DIAGONAL BWD, TOUCH, STEP LR DIAGONAL FWD, BALL CHANGE.

- 1 Step LF forward to L diagonal
- 2 RF touch next to LF
- 3 Step RF backwards to R diagonal
- & Touch LF next to RF with clap
- 4 Clap
- 5 Step LF backwards to L diagonal
- 6 Touch RF next to LF
- 7 Step RF forward to R diagonal
- 8 Step LF next to RF change weight

