

# Save My Life

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Liz Atkinson (USA) - October 2021  
音樂: Save My Life - ZZ Ward



#32 count introduction (last four counts are silent)  
One Restart, No tags

## S1: LINDY R, STEP L, 1/2 HITCH R, SIDE, TOUCH

1 & 2      Chasse R side RF-LF-RF  
3, 4      Rock back onto LF, recover RF  
5, 6      Step LF to L side, hitch R knee turning 1/2R (6:00)  
7, 8      Step RF to R side, touch LF beside RF (6:00)

## S2: VINE L, MONTEREY 1/4R

1, 2      Step LF to L side, step RF behind LF  
3, 4      Step LF to L side, touch RF beside LF  
5, 6      Point R toe to R side, step RF beside LF while turning 1/4R (9:00)  
7, 8      Point L toe to L side, step LF beside RF (9:00)

**\*Restart here on wall 6**

## S3: WALK (HOLD), WALK (HOLD), STEP 1/4L, TOUCH, STEP 1/4L, BRUSH

1, 2      Step RF forward, hold  
3, 4      Step LF forward, hold  
5, 6      Turn 1/4L and step RF to R side, touch LF beside RF (6:00)  
7, 8      Turn 1/4L and step LF forward, brush RF forward (3:00)

## S4: ROCK, RECOVER, BACK, TOUCH, BACK, SWEEP, ROCK RECOVER

1, 2      Rock forward onto RF, recover LF  
3, 4      Step RF back, touch LF beside RF  
5, 6      Step LF back, sweep RF front to back  
7, 8      Rock back onto RF, recover LF (3:00)

**\*RESTART\* Wall 6 (begins at 3:00).**

**Dance 16 counts & begin again after the Monterey, facing 12:00**

**\*ENDING\* Wall 15 (begins at 12:00)**

**Dance 16 counts. After the Monterey, turn 1/4R stepping RF behind LF to face 12:00**

Contact: [info@LizAtkinsonDance.com](mailto:info@LizAtkinsonDance.com)  
Asheville, NC, USA