

# Torang Bisa

拍數: 96      牆數: 0      級數: Phrased Easy Intermediate  
編舞者: Mina Waimuri (INA) & Mei Lestari (INA) - September 2021  
音樂: Torang Bisa (feat. Qibah Mansawan) (Official Theme Song PON XX Papua 2021)  
- Vien Mangku



## Intro 48 counts

Sequence : AB(16) A Tag B CC A Tag BB A(16)

## A (32 counts)

### A1. WEAVE, TOUCH, WEAVE, TOUCH

1,2            Cross RF over LF, step LF to L  
3,4            Cross RF behind LF, touch LF to L  
5,6            Cross LF over RF, step RF to R  
7,8            Cross LF behind RF, touch RF to R

### A2. JAZZ BOX ¼ TURN R, TOUCH, BACK, TOUCH, TURN ½ TO L

1,2            Cross RF over LF, ¼ turn R step LF back  
3,4            Step RF to R, step LF forward  
5,6            Touch RF forward, step RF back  
7,8            Touch LF back, ½ turn L while transferring weight to LF

### A3. CROSS ROCK, CHASSE (2X)

1,2            Rock RF over LF, recover on LF  
3&4           Step RF to R, close LF next to RF, step RF to R  
5,6            Rock LF over RF, recover on RF  
7&8           Step LF to L, close RF next to LF, step LF to L

### A4. JAZZ BOX CROSS ¼ TURN R, SIDE MAMBO

1,2            Cross RF over LF, ¼ turn R step LF back  
3,4            Step RF to R, cross LF over RF  
5&6           Rock RF to R, recover on LF, close RF next to LF  
7&8           Rock LF to L, recover on RF, close LF next to RF

## B (32 counts)

### B1. WALK FORWARD, CHASSE, BACKWARD, CHASSE

1,2            Step RF forward, step LF forward  
3&4           Step RF to R, close LF next to RF, step RF to R  
5,6            Step LF back, step RF back  
7&8           Step LF to L, close RF next to LF, step LF to L

### B2. WALK FORWARD, TOUCH, BACKWARD, TOUCH

1,2            Step RF forward, step LF forward  
3,4            Step RF forward, touch LF to L  
5,6            Step LF back, step RF back  
7,8            Step LF back, touch RF to R

### B3. TOUCH CROSS-SIDE, BOTAFOGO (2X)

1,2            Touch RF over LF, touch RF to R  
3&4           cross RF over LF, step ball LF to L, recover on RF  
5,6            Touch LF over RF, touch LF to L  
7&8           Cross LF over RF, step ball RF to R, recover on LF

#### **B4. PIVOT ½ TURN L (2X), OUT-OUT, IN-IN**

- 1,2 Step RF forward, ½ turn L weight on LF
- 3,4 Step RF forward, ½ turn L weight on LF
- 5,6 Step RF to R diagonal forward, step LF to L diagonal forward
- 7,8 Step RF back to center, close LF next to RF

#### **C (32 counts)**

##### **C1. FORWARD ROCK, BACK, ½ TURN L, PIVOT ½ TURN L, BRUSH, OUT-OUT**

- 1,2 Rock RF forward, recover on LF
- 3,4 Step RF back, ½ turn L step LF forward
- 5,6 Step RF forward, ½ turn L weight on LF
- 7&8 Brush RF forward, step RF to R, step LF to L

##### **C2. HAND MOVEMENTS LIKE SWIMMING, VAUDEVILLE**

- 1,2 Straighten R hand forward with your palm facing down, do it with L hand
- 3,4 Turn R hand straight back and keep going down, do it with L hand
- 5&6& Cross RF over LF, step LF to L, touch R heel to diagonal forward, step RF in place
- 7&8& Cross LF over RF, step RF to R, touch L heel to diagonal forward, step LF in place

##### **C3. PIVOT ½ TURN L, HEEL TOUCH, PIVOT ½ TURN L, HEEL TOUCH**

- 1,2 Step RF forward, ½ turn L weight on LF
- 3&4& Touch R heel forward, step RF in place, touch L heel forward, step LF in place
- 5,6 Step RF forward, ½ turn L weight on LF
- 7&8& Touch R heel forward, step RF in place, touch L heel forward, step LF in place

##### **C4. STEP DIAGONAL FORWARD, TOUCH (2X), BACK SHUFFLE**

- 1,2 Step RF to R diagonal forward, touch LF beside RF
- 3,4 Step LF to L diagonal forward, touch RF beside LF
- 5,6 Step RF back, close LF next to RF, step RF back
- 7,8 Step LF back, close RF next to LF, step LF back

#### **Tag (8 counts) SIDE TOUCH (4X)**

- 1,2 Touch RF to R, close RF next to LF
- 3,4 Touch LF to L, close LF next to RF
- 5-8 Repeat

**\* In this Tag you can use hand movements with various types of sports such as boxing, martial arts, Volleyball etc**

**Keep It Up and Have Fun...**

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