

Nomalete

拍數: 32 牆數: 4 級數: Improver
編舞者: Henry Riawati (INA) - October 2021
音樂: Nomalete - Mario Klau



Start on vocal

S1 : TOUCH FWD, SIDE TOUCH, ¼ R SAILOR STEP TOUCH FWD, SIDE TOUCH, ¼ L SAILOR STEP

1 2 Touch forward RF, step touch RF to R side
3 & 4 ¼ turn R step back on RF, step LF together RF, step RF forward
5 6 Touch forward LF, step touch LF to L side
7 & 8 ¼ turn L step back on LF, step RF together LF, step LF forward

S2 TOUCH FWD, SIDE TOUCH, SAMBA STEP (R L)

1 2 Touch forward RF, step touch RF to R side
3 & 4 Cross RF over LF, rock LF to L side, recover on RF
5 6 Touch forward LF, step touch LF to L side
7 & 8 Cross LF over RF, rock RF to R side, recover on LF

S3 : SHUFFLE BACKWARD (X2), ROCK BACK RECOVER, SHUFFLE FORWARD

1 & 2 Step back on RF, step LF together RF, step back on RF
3 & 4 Step back on LF, step RF together LF, step back on LF
5 6 Step back on RF, recover on LF
7 & 8 Step forward on RF, step LF together RF, step forward on RF

S4 : ROCK FWD, CHASSE ¼ L, JAZZ BOX

1 2 Rock forward on LF, recover on RF
3 & 4 ¼ turn L stepping LF to L side, step RF together LF, step LF to L side
5 6 Cross RF over LF, step back on LF
7 8 Step RF to R side, step LF forward

Note : There are 2 tags and 2 restart

Tag 1 (8 counts) after wall 6 (6.00) HEEL FWD, CHASSE (R L)

1 2 Step RF heel forward, step touch RF together LF
3 & 4 Step RF to R side, LF together RF, step RF to R side
5 6 Step LF heel forward, step touch LF together RF
7 & 8 Step LF to L side, RF together LF, step LF to L side

Tag 2 (4 counts) after wall 10 (9.00) JAZZ BOX

1 2 Cross RF over LF, step back on LF
3 4 Step RF to R side, step LF forward

Restart and tag 2 (after 16 counts on wall 8 and 13 + tag 2) (3.00)

Contact : henyr2008@gmail.com