

Quittin' Ain't Workin'

拍數: 64 牆數: 4 級數: Improver
編舞者: Laurent Chalon (BEL) - October 2021
音樂: Quittin' Ain't Workin' - Larry Fleet



Intro : 32 Counts

Section 1 : Behind, Side Point, Cross, Kick, Stomp, pivot ½ turn L+kick, Back, Hook

- 1 Cross RF behind LF 12:00
- 2 Point LF to the Left
- 3 Cross LF over RF
- 4 Diagonal right front kick with RF
- 5 Stomp RF Forward
- 6 Pivot ½ turn to the left & Kick PG Forward 06:00
- 7 LF back
- 8 Hook RF Forward

Section 2 : Step Lock Step, Hold, Step pivot ½ turn R, step, hold

- 1-2-3 RF Forward, Lock LF behind RF, RF Forward
- 4 Hold
- 5-6-7 LF Forward, Pivot ½ to the right, LF Forward 12:00
- 8 Hold

Section 3 : Step, Hook, Back, Hook, Back, Hook, Step, Scuff

- 1-2 RF Forward, Hook LF Back
- 3-4 LF Back, Hook RF Forward
- 5-6 RF Back, Hook LF Forward
- 7-8 LF Forward, Scuff RF

Section 4 : Step ½ turn L, Toe Strut ¾ turn L, Side, Cross, Side, Behind

- 1-2 RF Forward, Pivot ½ turn to the left 06:00
- 3-4 Toe Strut RF forward with ¾ turn to the Left 09:00
- 5-6 LF to the Left Side, Cross RF over LF
- 7-8 LF to the Left Side, Cross RF behind LF

Section 5 : ¼ turn & Rock ½ turn, Step, Hold, Side, Together, Step, Hold

- 1 ¼ turn to the left and Rock forward LF 06:00
- 2 Recover on RF with ½ turn to the Left 12:00
- 3-4 LF Forward, Hold
- 5-6-7 RF to the Right Side, LF next to RF, RF Forward
- 8 Hold

Section 6 : Side, together, Back, Hold, Side, Touch, Side, Kick

- 1-2-3 LF to the Left Side, RF next to LF, LF Back
- 4 Hold
- 5-6 RF to the Right Side, Touch LF next to RF
- 7-8 LF to the Left Side, Diagonal right front kick with RF *

* Restart here wall 5

Section 7 : Back Rock, Side Toe Strut, Behind, Side, Cross, hold

- 1-2 Back Rock RF, Recover on LF
- 3-4 Side Toe Strut RF

5-6-7 Cross LF behind RF, RF to the Right Side, Cross LF over RF
8 Pause

Section 8 : Side Rock ¼ turn L, Cross, Side Point, Cross, Side Point, Point Fwd, Side Point

1-2 Side Rock RF to the Right, Recover on LF with ¼ turn Left 09:00
3-4 Cross RF over LF, Point LF to the Left
5-6 Cross LF over RF, Point RF to the Right
7-8 Point RF Forward, Point RF to the Right

Repeat the dance...

Bonne danse...

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