

# Shivers Fast

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Brian Provini (CAN) - October 2021  
音樂: Shivers - Ed Sheeran



## #16 COUNT INTRODUCTION - NO TAGS OR RESTARTS

### Toe Heel Struts -- 4 counts

- 1-2            Touch Right toe forward and then heel down.  
3-4            Touch left toe forward and then heel down.

### Jazz Box with 1/4 turn to the right -- (4 counts)

- 5-6            Cross step R over L, step back on L  
7-8            Turn 1/4 right stepping R to right side, step L beside R

### Shuffles with Rock Recover - (8 counts)

- 9-10           One 3-step shuffle to the right (right-left-right)  
11-12          Rock back on left, rock forward on right  
13-14          One 3-step shuffle to the left (left-right-left)  
15-16          Rock back on right, rock forward on left

### Monterey ¼ Turn Right (4 counts)

- 17-18          Point Right side right (5), Turn ¼ right on ball of left- Step down on Right (6)  
19-20          Point Left side left (7), Step Left beside right (8)

### Rocking Chair (4 counts)

- 21-22          Rock right forward, recover to left  
23-24          Rock right back, recover to left

### Modified Rumba Box with shuffles (8 counts)

- 25-26          Step R to side (1), step L together (2)  
27-28          Shuffle forward right, left, right  
29-30          Step Left to side (5), step Right together (6)  
31-32          Shuffle back left, right, left

Last Update 16 Oct. 2021

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