

Raised

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Dawn Rathbun (USA) - October 2021
音樂: Raised (Club Remix) - Eric Burgett



Start 16 counts in

WALK, WALK, ROCK & CROSS, ¼ BACK, STEP SIDE, SHUFFLE FORWARD

1 2 3&4 Walk forward right, left, step side right, recover left, cross right over left
5 6 7&8 Step left ¼ back right, step side right, step forward left, together right, step forward left

FULL TURN, ROCK & CROSS, WALK BACK, BACK, COASTER

1 2 3&4 Step right ½ left, Step left ½ left, step side ride, recover left, cross right over left
5 6 7&8 Step back left, together right, step forward left

SIDE TOUCHES, HEEL TOUCHES, PIVOT, ROCK

1&2&3&4 Touch right toe to the side, together right, touch left toe to the side, together left, touch right heel forward, together right, touch left heel forward
&5 6 7 8 Together left, step forward right, turn ½ left weight on left, step forward right, recover back left

(&) ROCK, SHUFFLE BACK, ROCK BACK, KICK BALL CHANGE

&1 2 3&4 Together right, step forward left, recover back right, step back left, together right, step back left
5 6 7&8 Step back right, recover forward left, kick right forward, ball right next left, step side left

HIP BUMPS, CROSS, STEP BACK, ¼ STEP, MOVING APPLEJACKS

1 2 3&4 Step out right while bumping hips right, left, right & right weight on right
5 6 7&8 Cross left over right, step back right, step left ¼ left side with toes out, weight toe of left weight heel right moving left bring toes in, switch weight heel left toe right bring toes out weight left

¼ SKATE 3X, COASTER, PIVOT, BALL STEP

1 2 3 4 Drag right in push out step right ¼ left, drag left in push out step left ¼ left, drag right in push out step right ¼ left, step back left
&5 6 7&8 Step together right, step forward left, step forward right, turn left ½ turn weight on left, ball right, step forward left

TAG: END OF DANCE ON WALLS 2, 5, 7

1 2 3 4 Step out right, step out left, roll hips counterclockwise

TAG: WALL 6

1 2 Step out right, step out left

RESTART: AFTER FIRST 16 COUNTS WALL 3