

Full-Time Fool

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Elaine Cook (CAN) & I.C.E. (ES) - October 2021
音樂: Full-Time Fool - The Stateline Band



Intro: Drums, Lyrics: "Well I'm a full-time fool" - start on "fool" (approx 4s)

Special thanks to Rob Fowler for his mentorship and Dave Vorberg for a great track.

S1: Touch R Toe, Heels Twists L,R,L, L Heel-Close, R Heel-Close

1-2-3-4 Touch R toe in towards L instep (turning R knee in), twist both heels left, twist both heels right, twist both heels back to centre (weight on R)

5-6-7-8 Tap L heel forward, step L beside R, tap R heel forward, step R beside L

S2: L Step Forward, R Tap Behind, L Back-Hitch ¼ L, R Forward-Hitch ¼ L, L Back-Hitch ¼ L

1-2-3-4 Step L forward, tap R toe behind L, step R back ¼ left, hitch L knee

5-6-7-8 Step L forward ¼ left, hitch R knee, step R back ¼ left, hitch L knee 3:00

S3: L Back Lock Back, R Hook, R Forward Lock Forward, L Brush Forward

1-2-3-4 Step L back, lock R over L, step L back, hook R over L

5-6-7-8 Step R forward, lock L behind R, step R forward, brush L forward

S4: L Toe Strut Jazz ¼ L, Stomp R Twice

1-2-3-4 Touch L toe forward, drop L heel, make ¼ turn left touching R toe back, drop R heel

5-6-7-8 Touch L toe to left side, drop L heel, stomp R beside L twice (keep weight on L) 12:00

RESTART Wall 4 at 6:00 (instrumental): dance up to count 32, restart dance

S5: R Step Forward, L Heel In, L Toes In, L Brush; L Forward, R Heel In, R Toes In, R Touch

1-2-3-4 Step R forward, twist L heel in towards R, twist L toes in towards R, brush L forward

5-6-7-8 Step L forward, twist R heel in towards L, twist R toes in towards L, touch R beside L

S6: R Back (or sit), L Tap, L Forward, R Flick, R Back, L Sweep, L Back, R Sweep

1-2-3-4 Step R back (or sit), tap (or flick) L forward, step L forward, flick R behind L

5-6-7-8 Step R back, sweep L back, step L back, sweep R back

S7: R Back Rock, L Recover, R Rock Side, L Recover, R Jazz Box ¼ R

1-2-3-4 Rock R back, recover L, rock R side, recover L

5-6-7-8 Cross R over L, step L side, step R ¼ right, step L forward 3:00

S8: R Jazz Box ¼ R, Point R, Step Together, Point L, Step Together

1-2-3-4 Cross R over L, step L side, step R ¼ right, step L forward 6:00

5-6-7-8 Point R side, step R beside L, point L side, step L beside R

TAG End of Wall 6 at 6:00 there's an extra two beats as singer draws out the word "I'm". Touch R toe to right side (turning knee in), twist heels left, start dance again 6:00

ENDING Wall 8. Dance first 16 counts but turn the last step-hitch ½ left to end at front 12:00

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