

Need A Throwback

拍數: 32 牆數: 4 級數: Improver
編舞者: Barbara R. K. Wallace (CAN) - October 2021
音樂: Throwback - Michael Patrick Kelly



Intro: 16 counts

WALK FORWARD RIGHT, LEFT, RIGHT MAMBO FORWARD, WALK BACK LEFT, RIGHT, LEFT MAMBO BACK

1,2 Walk forward right, walk forward left
3&4 Rock forward right, recover left, step together on right
5,6 Walk back left, walk back right
7&8 Rock back left, recover right, step together on left

RIGHT SIDE , CLOSE, FORWARD RIGHT, LEFT SIDE, CLOSE, FORWARD LEFT, RIGHT HEEL AND LEFT TOE SWITCHES, PIVOT ¼ TURN LEFT

1&2 Step side right, together left, step forward right
3&4 Step side left, together right, step forward left
5&6& Touch right heel forward, step together on right, touch left toe beside right, step together on left
7,8 Step forward right, pivot ¼ turn left (9:00)

Restart here during wall 2. You will be facing 6 o'clock for the restart.

RIGHT CROSS SHUFFLE, ½ HINGE LEFT, LEFT CROSS SHUFFLE, RIGHT SIDE SHUFFLE, CROSS LEFT BEHIND RIGHT, STEP SIDE RIGHT

1&2& Cross right over left, step side left, cross right over left, ½ hinge left turn (3:00)
3&4 Cross left over right, step side right, cross left over right
5&6 Step side right, together left, step side right
7,8 Cross left behind right, step side right

LEFT CROSS MAMBO, RIGHT CROSS MAMBO, PIVOT ½ RIGHT, SHUFFLE FORWARD

1&2 Cross rock left over right, recover right, step together on left
3&4 Cross rock right over left, recover left, step together on right
5,6 Step forward left, pivot ½ turn right (9:00)
7&8 Shuffle forward left, right, left

Restart: After 16 counts during wall 2

Ending: 7th sequence begins at the back wall. Dance the first 14 counts then make ½ pivot turn left to face the front wall. Ta Da!