

I Believe

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Dee Musk (UK) - September 2021
音樂: Mirror - Samantha Smith



#16 Count Intro - Approx 10 seconds from the beginning of the music. BPM 96.

*One Restart – One 16 Count Tag danced twice.

Syncopated Rocks Right & Left, Syncopated Rocks Forward.

1,2& Rock R to R side, recover weight to L, step R beside L.
3,4& Rock L to L side, recover weight to R, step L beside R.
5,6& Rock forward on R, recover weight to L, step R beside L.
7,8& Rock forward on L, recover weight to R, step L beside R. (12:00).

Step Forward, ½ Pivot Left, Right Lock Step Forward, Step Forward, Step Together, Step Back, Right Lock Step Back.

1,2,3&4 Step forward on R, make ½ turn L (weight forward on L), lock step forward stepping R, L, R.
&5,6 Step forward on L, step R beside L, step back on L.
7&8 Lock step back stepping R, L, R. (6:00).

¼ Turn L, Point Right, ¼ Turn Right with Sweep, Left Samba, Cross Rock, Side, Cross, Side, Behind, ¼ Turn Right.

&1,2 Make ¼ turn L stepping L to L side, point R to R side, make ¼ turn R stepping R beside L whilst sweeping

L to in front of R.

3&4 Cross L over R, rock R to R side, recover weight to L.
5,6& Cross rock R over L, recover weight to L, step R to R side.
7&8& Cross L over R, step R to R side, cross step L behind R, make ¼ turn R stepping forward on R. (9:00).

Step Forward, ½ Pivot Right, Left Shuffle Forward, Step Forward, ¾ Spiral Turn Left, Scissor Cross.

1,2,3&4 Step forward on L, make ½ turn R (weight forward on R), shuffle forward stepping L, R, L.
5,6,7&8 Step forward on R, spiral ¾ turn L (weight on R), step L to L side, step R beside L, cross L over R. (6:00).

**Restart during wall 2, begin again facing 12 o'clock.

Right Side, Back Rock, Left Side, Back Rock, Side, ½ Box Turn Left, Behind, Side.

1,2& Step R to R side, cross rock L behind R, recover weight to R.
3,4& Step L to L side, cross rock R behind L, recover weight to L.
5,6,7 Step R to R side, make ¼ turn L stepping L to L side, make ¼ turn L stepping R to R side.
8& Cross step L behind R, step R to R side. (12:00).

Cross Rock, Side, Cross, Side, Behind, Side, Cross Rock, Side, Walk Left, Right.

1,2& Cross rock L over R, recover weight to R, step L to L side.
3&4& Cross R over L, step L to L side, cross step R behind L, step L to L side.
5,6&7,8 Cross rock R over L, recover weight to L, step R to R side (&), walk forward L, R. (12:00).

Forward, Touch, Back, Touch, Back, Touch, Forward, Touch, Step Forward, ½ Pivot Right, Step Forward, ¼ Pivot Right.

1&2& Step diagonally forward L, touch R beside L, step diagonally back on R, touch L beside R.
3&4& Step diagonally back L, touch R beside L, step diagonally forward on R, touch L beside R.
5-8 Step forward on L, make ½ turn R (weight forward on R), step forward on L, make ¼ turn R (weight forward on R). (9:00).

Cross, Side, Heel, Together, Cross, ¼ Turn Right, Heel, Together, Step Forward, ½ Pivot Right, Scissor Cross.

- 1&2& Cross L over R, step R to R side, extend L heel to L diagonal, step L beside R.
3&4& Cross R over L, make ¼ turn R stepping back on L, extend R heel to R diagonal, step R beside L.
5,6 Step forward on L, make ½ turn R (weight forward on R).
7&8 Step L to L side, step R beside L, cross L over R. (6:00).

Tag - Danced end of walls 1 and 3 facing 6 o'clock.

Right Side, Back Rock, Left Side, Back Rock, Rumba Box Right Back, Rumba Box Forward Left.

- 1,2& Step R to R side, cross rock L behind R, recover weight to R.
3,4& Step L to L side, cross rock R behind L, recover weight to L.
5&6 Step R to R side, step L beside R, step back on R.
7&8 Step L to L side, step R beside L, step forward on L.

Step Forward Right, Left Mambo Step, Right Coaster Step, Hold, Scissor Cross.

- 1,2&3 Step forward on R, rock forward on L, recover weight to R, step back on L.
4&5,6 Step back on R, step L beside R, step forward on R, hold count 6.
7&8 Step L to L side, step R beside L, cross L over R.

Ending - Dance finishes facing 6 o'clock wall, cross unwind ½ turn R. Tah Dah!!! Enjoy! □
