

# I Can't Believe It's Not Butter (ICBINB)

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Mark Paulino (USA) - October 2021  
音樂: Butter (feat. Megan Thee Stallion) - BTS



Intro: 8 Counts - 2 Restarts

## [1-8] 3/4 TURN KNEE POPS FORWARD, CROSS ROCK RECOVER, 1/4 TURN STEP, 1/4 TURN SIDE ROCK RECOVER CROSS

1,2            R steps forward while pushing L knee forward, 1/4 L as L steps towards 12 o'clock while pushing R knee forward (facing 9 o'clock)  
3,4            1/4 L as R steps towards 12 o'clock while pushing L knee forward (facing 6 o'clock), 1/4 L as L steps towards 12 o'clock while pushing R knee forward (facing 3 o'clock)  
5&6           R cross rock over L, recover back on L, 1/4 turn R stepping right forward  
7&8           1/4 turn R with L side rock, recover back on R, L crosses over R

## [9-16] SIDE POINT, TOGETHER, SIDE POINT, SHOULDER SWAYS, R SAILOR STEP, 1/4 L SAILOR STEP

1&2            R side point, step R besides L, L side point  
3&4            Isolating both shoulders swaying L, R, L, progressively weight shifting from R to L  
5&6            R crosses behind L, L steps besides R, R steps forward  
7&8            L crosses behind R, 1/4 L as R steps besides L, L steps forward

## [17-24] SCUFF SIDE STEP, L ANKLE ROLL, R ANKLE ROLL 1/4 TURN, 1/2 TURN SHUFFLE HITCH, WALK WALK

1,2            R scuff forward, R side step  
&3&4           Roll L ankle having heel wave from inner, to upwards, to outter, then down weight shifting onto L(&3), roll R ankle having heel wave from inner, to upwards, to outter, then down weight shifting onto R with 1/4 turn towards the R(&4)  
5&6            Left steps forward, 1/4 turn R with R stepping besides L, 1/4 turn R with L stepping back as R hitch forward  
7,8            Walk forward R, L

## [25-32] KICK, CROSS, ROCK, STEP, KICK, CROSS, ROCK, STEP, CROSS, UNWIND WITH 3 HEEL BOUNCES

1&2&           Kick R forward, cross R over L, rock L back diagonal, step R into neutral  
3&4&           Kick L forward, cross L over R, rock R back diagonal, step L into neutral  
5              Cross R over L  
6,7,8           1/2 turn unwind with 3 heel bounces on both feet

**\*\*Wall 2 & Wall 5 - after 16 counts - Restart**

First 6 counts can be replaced with hopping stepping forward on 1,2,3,4; rock R, recover back on L with a 1/4 turn R, 1/4 turn R stepping forward with R

Shoulder sways can be replaced with a side body roll from R to L

Heel Waves/Ankle Rolls can be replaced with weight shifting

Last 3 counts with the 1/2 turn unwind with heel bounces can be replaced with a super spin

Contact: [thefinlinedance@gmail.com](mailto:thefinlinedance@gmail.com)

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