

# Shivers AB EZPZ

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2  
編舞者: Mitzi Day (USA) - October 2021  
音樂: Shivers - Ed Sheeran

級數: Absolute Beginner



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## STEP RIGHT DIAGONAL AND TOUCH, LEFT DIAGONAL AND TOUCH, POINT RIGHT FOOT OUT -IN-OUT- IN.

- 1-2      Step right foot to right forward diagonal and touch left toe to right keeping weight on right.
- 3-4      Step left foot to left forward diagonal and touch right toe beside left foot
- 5-6-7-8      Touch right foot out to side, then back beside left foot, then right foot out to right side, then touch back to left foot.

## TIME TO PROGRESS BACK! STEP BACK DIAGONAL RIGHT FOOT , TOUCH LEFT FOOT , STEP left BACK DIAGONAL LEFT, TOUCH RIGHT ,THEN SHIMMY TO RIGHT.

- 1-2      Step right foot back diagonal and touch left foot beside right foot.
- 3-4      Step left foot back diagonal and touch right toe beside left foot.
- 5-6-7-8-      Step right to right side,while shaking shoulders ,and bending knees, straighten knees and bring left foot beside right.

## STEP TOUCH,STEP TOUCH TURN 1/4 LEFT, STEP TOUCH, STEP TOUCH TURN 1/4 LEFT.(6:00)

- 1-2      Step on right foot then touch left toe beside right foot.
- 3-4      turn 1/4 left stepping on left foot, touch right toe beside left foot.
- 5-6      Step on right foot, touch left toe beside right foot.
- 7-8      Turn 1/4 left and step on left foot then touch right foot beside left keeping weight on left.(6:00)

## BIG RIGHT STEP FORWARD,STEP LEFT TOGETHER, HEEL SPLIT, WALK BACK R-L-R-L.(6:00)

- 1-2      Step right foot forward, step left foot beside right. Weight is equal both feet.
- 3-4      Keeping balls of both feet in same spot move both heels out to side at same time then place them back to original position.
- 5-6-7-8      Walk back right,left,right,left. make them almost stomps since you feel that in music.

**Much thanks to all who give me encouragement to share what we all love = DANCE**

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