

Sunshine Day

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Jesus Pacheco (AUS) - October 2021
音樂: Sunshine Day - Clock



NO TAG, NO RESTART

INTRO: 4 Count

S1. V STEP BODY WAVE, CHASSE

123&4 LF cross over RF Body Wave, Recover, Chasse L R L

567&8 RF cross over LF Body Wave, Recover, Chasse R L R

S2. LF KICK-HOOK SHUFFLE, ¼ TURN TO ROCK STEP, ¼ TURN SHUFFLE

123&4 RF in place, LF-cross kick-Hook over R knee, Shuffle fwd L R L

567&8 ¼ turn to R Rock Step R - L (3:00), ¼ turn to R Shuffle R L R (6:00)

S3. FULL SPIN TURN TO R, BACKWARD SHUFFLE, BACK STEP-HAND CLAP

123&4 LF cross over RF Full Spin turn clockwise to Backward Shuffle L R L (6:00)

5&6 Back Step- RF diagonal to R Side, LF to L Side, Hand Clap

7&8 Back Step- RF diagonal to R Side, LF to L Side, Hand Clap

S4. ¾ TURN TO R- TOE HEEL BOUNCE, CROSS KICKS, TOE HEEL SWIVEL

1-2 ¼ Turn to R- LF cross over RF, RF cross behind LF (9:00)

3&4 ½ Turn- Toe Heel Heel bounce to R (3:00)

5-6 RF cross kick over LF, Recover. LF cross kick over RF, Recover

7&8 Swivel- Toe twist to R, Heel twist to L, Heel twist to R

Note: MY TUTORIAL VIDEO- LINE DANCE MIX PART 2 is danceable in 3 songs:

Sunshine Day, Livin' On A Prayer and Blurred lines

Stay Fit, Keep on Groovin' and Live a Healthier Life. Enjoy guys, CHEERS!!!

Best regards, Jesus Pacheco - Sydney Australia

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