

Mar Kiss Ah...

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Heru Tian (INA) - September 2021
音樂: Markisa - Cinta Laura Kiehl



INTRO : - COUNTS (Starts on vocal) - 1 Tag, No Restart

****TAG 8C AT THE END OF WALL 3 (FACING 3.00)**

R ROCKING CHAIR- R SHIMMY-R TOUCH TOGETHER - HOLD

1-4 Rock Rf fwd (1), Recover on Lf (2), Rock Rf back (3), Recover on Lf (4)

5-8 Press Rf To Side (5), Shimmy (6), Touch Rf Next to Lf (7), Hold (8)

SECTION 1: R, L PRISSY WALK - R PIVOT 1/4 TURN L- R 1/4 TURN R ROCK FWD- RECOVER- R BACK SHUFFLE

1-4 Walk Rf fwd slightly cross over Lf (1), Walk Lf fwd slightly cross over Rf (2), Step Rf fwd (3), Pivot ¼ turn L, Step Lf in place (4)

5 6 Make a 1/4 turn R, Rock Rf fwd (5), Recover on Lf (6)

7&8 Step Rf back (7), Step Lf Next to Rf (&), Step Rf back (8)

SECTION 2: L DIAGONAL TOUCH- HIP ROLL- L BIG STEP SIDE-R TOUCH- R DIAGONAL TOUCH- HIP ROLL- R BIG STEP SIDE- L TOUCH

1-2 Touch Lf to L diagonal, start to roll hip to Left (1), End of hip roll your weight on Rf (2)

3-4 Take a long step Lf to Side (3), Touch Rf Next to Lf (4)

5-6 Touch Rf to R diagonal, start to roll hip to Right (1), End of hip roll your weight on Lf (2)

7-8 Take a long step Rf to Side (3), Touch Lf Next to Rf (4)

SECTION 3: L FWD KICK- L SIDE KICK- 1/4 TURN L SAILOR STEP-R SCUFF- R SIDE STOMP- HEELS SWIVEL R, L, R

1 2 Kick Lf fwd (1), Kick Lf to Side (2)

3&4 Sweep Lf front to back, make a ¼ turn L, Step Lf back (3), Step Rf beside Lf (&), Step Lf fwd (4) facing 9.00

5 6 Scuff Rf (5), Stomp Rf to Side (6)

7&8 Swivel both Heels to R (7), Swivel Heels to L (&), Swivel Heels to R (8)

SECTION 4: L SIDE ROCK- RECOVER- L BEHIND- R SIDE- L CROSSROCK - RECOVER- L SIDE CHASSE

1-4 Rock Lf To Side (1), Recover on Rf (2), Cross Lf behind Rf (3), Step Rf To Side (4)

5 6 Cross Lf over Rf (5), Recover on Rf (6)

7&8 Step Lf To Side (7), Step Rf Next to Lf (&), Step Lf To Side (8)

Start again...

Thank you, Herutian79@gmail.com