

# Don't Shut Me Down

拍數: 32      牆數: 2      級數: Improver  
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音樂: Don't Shut Me Down - ABBA



(2+2 walls)

**Walk back R, L. Coaster Step. Step Pivot ½ Turn Right. Left Shuffle forward.**

1-2      Walk back on R, walk back on L  
3&4      Step back on R, step L beside R, step forward on R  
3-4      Step forward on L Pivot ½ turn right (6)  
7&8      Shuffle forward L, R, L.

**Forward Rock. Back Lock Step. Back Rock. ¼ Turn Left, Chasse L**

1-2      Rock forward on R, Recover on L  
3&4      Step back on R, step L beside R, step back on R  
5-6      Rock back on L, Recover onto R.  
7&8      Turn ¼ turn right, steppin L into chasse left, stepping L. R. L. (9)

**Restart on wall 5 after 16 counts SEE NOTE**

**R Sailor Step. Step Behind, Side, Cross. Side Rock ¼ Turn Left. Step ¾ Turn Left.**

1&2      Step R behind L, Step L to left side. Step R in place.  
3&4      Step L behind R, Step R to right side, Step L across R.  
5-6      Rock R to right side, turn ¼ turn left, recovering onto L. (6)  
7-8      Turn ¼ stepping R to right side, Turn ½ turn left stepping L to left side. (9)

**Cross Rock. Chasse ¼ Turn Right. Step Pivot ½ Turn Left. Forw. Mambo Step.**

1-2      Cross rock R over L, Recover onto L.  
3&4      Step R into chasse ¼ turn right, stepping R. L. R. (12)  
5-6      Step forward on L, Pivot ½ turn right (6)  
7&8      Rock forward on L, Recover on R, step back on L.

**Start Again & Happy Dancing**

**\*Note: Restart on wall 5 after 16 counts facing 3 o'clock**

**\*3 o'clock and 9 o'clock will be the new starting and ending walls.**