

7 years to 60

拍數: 32 牆數: 4 級數: Improver
編舞者: Sobrielo Philip Gene (SG) - September 2021
音樂: 7 Years - Lukas Graham



Intro: 32 counts @ 0.20sec

[1-8] SIDE ROCK BACK RECOVER, SIDE ROCK BACK RECOVER, WALK WALK

1-3 Step RF to right (1), rock LF back of RF (2), Recover onto RF (3)
4-6 Step LF to left (4), rock RF back of LF (5) Recover onto LF (6)
7-8 Step RF forward (7), step LF forward (8)

[9-16] STEP FORWARD HOLD, ROCK RECOVER, STEP BACK HOLD, ROCK RECOVER

1-2 Step RF forward (1), hold (2)
3-4 Rock LF forward (3), recover onto RF (4)
5-6 Step LF back (5), hold (6)
7-8 Rock RF back (7), recover onto LF (8) (12:00)

[17-24] SCISSOR CROSS, VINE 1/4, PIVOT 1/2

1-3 Rock RF to right (1), step LF beside RF (2), Cross RF over LF (3)
4-6 Step LF to left (4), step RF behind LF (5), 1/4 left step LF forward (6) (3:00)
7-8 Step RF forward (7), turn 1/2 left (8) (9:00)

[25-32] STEP SWEEP, STEP SWEEP, JAZZ BOX CROSS

1-2 Step RF forward (1), sweep LF back to front (2)
3-4 Step LF forward (3), sweep RF back to front (4)
5-8 Cross RF over LF (5), step LF slightly back (6), Step RF to right (7), cross LF over RF (8)

RESTART (NO TAG NO RESTART)
