

Paradise Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Intermediate Partner
編舞者: Dan Albro (USA) & Kelly Albro (USA) - September 2021
音樂: Paradise Lost On Me - Zac Brown Band



Intro: 24 counts, start on the word "Perfect"

Start: Indian position: Both facing FLOD, Lady in front of man, both hands joined

Opposite footwork: Men's described, Ladies opposite except where noted

[1-8] SIDE, TOUCH, SIDE, TOUCH SIDE, TOGETHER, SHUFFLE FWD

1,2,3,4 Step side L, touch R next to L, step side R, touch L next to R

5,6,7&8 Step side L, step R next to L, step fwd L, step R next to L, step fwd L

Hands: Count 5 - release mans right and pick up lady's left in man's right

[9-16] STEP, LOCK, SHUFFLE FWD, ¼ SIDE, TOGETHER, SHUFFLE SIDE

1,2,3&4 Step fwd R, step L behind R, step fwd R, step L next to R, step fwd R

5,6 Turn ¼ right stepping side L (to face partner), step R next to L

7&8 Step side L, step R next to L, step side L

Hands: Count 5 - pick up lady's right, mans left

[17-24] WEAWE, CROSS ROCK, REPLACE, SHUFFLE SIDE

1,2,3,4 Cross step R over L, step side L, cross step R behind L, step side L

5,6,7&8 Cross rock R over L, replace weight on L, step side R, step L next to R, step side R

Hands:

Count 1 - release mans left, ladys right

Count 8 - lady picks up man's right w/ her right (Man puts left hand behind his back)

[25-32] CROSS ROCK, REPLACE, SHUFFLE SIDE (FACE TO FACE), TURN LADY TO STARTING POSITION

1,2,3&4 Cross rock L over R, replace weight on R, step side L, step R next to L, step side L

5,6, MAN Man turns the lady stepping R in place, turn ¼ turn left stepping fwd L

7,8 MAN Step behind the lady on R, touch L next to R

5,6,7 LADY Turn ¼ right stepping fwd R, turn ½ right stepping back L, turn ½ right stepping fwd L

8 LADY Touch R next to L (the turn travels at an angle fwd left to get in front of man)

Hands: Count 5 - raise right hand over ladies head, Count 7 - pick up left hands