

Cold Sets In

COPPER KNOB
BY STEPHEN

拍數: 82 牆數: 1 級數: Phrased Advanced
編舞者: Guillaume Richard (FR) & Jannie Tofte Stoian (DK) - September 2021
音樂: Cold Sets In - World's First Cinema : (iTunes)



Intro: 16 counts intro (app. 17 seconds). Starts on singing

Sequence: A B A TAG B B

Note: It's all about the music - so follow the music rather than the counts □

PART A

A[1-8] R basic step, L vine $\frac{1}{4}$ L, $\frac{1}{2}$ L sweep, Behind side, Cross rock side

- 1-2& Step R to R side (1), step L next to R (2), cross R over L (&) 12:00
3-4& Step L to L side, cross R behind L (4), turn $\frac{1}{4}$ L stepping L fw (&) 09:00
5 Turn $\frac{1}{2}$ L stepping R back and sweeping L ccw (5) 03:00
6&7 Step L behind R (6), turn $\frac{1}{8}$ R stepping R to R side (&), rock L over R (7) 04:30
8& Recover onto R (8), step L to L side (&) 03:00

A[9-16] Step, $\frac{1}{2}$ R, $\frac{3}{8}$ R, Reach pull in, Cross rock side, Cross $\frac{1}{4}$ $\frac{1}{2}$ R, Sweep, Step R fw

- 1 Step R fw, prepping body L (1) 03:00
2& Turn $\frac{1}{2}$ R stepping L back (2), turn $\frac{3}{8}$ R stepping R diagonally R (&) 01:30
3&4 Reach R arm fw toward R diagonal palm open (3), reach L arm to R diagonal palm open (&), close both hands into fists and drag arms toward body and L leg toward R (weight still R) (4) 01:30
5& Rock L over R (5), recover onto R (&) 01:30
6&7 Turn $\frac{1}{8}$ L stepping L to L side (6), cross R over L (&), turn $\frac{1}{4}$ R stepping L back, sweeping R cw while turning $\frac{1}{2}$ R (weight still L) (7) 09:00
8 Step R fw, prepping body L (8) 09:00

A[17-24] $\frac{1}{2}$ $\frac{1}{2}$ R, Walk, Mambo $\frac{1}{4}$ R hitch, $\frac{1}{4}$ R $\frac{1}{2}$ R hitch, Step coaster

- &1-2-3 Turn $\frac{1}{2}$ R stepping L back (&), turn $\frac{1}{2}$ R stepping R fw (1), hold (2), step L fw (3)

Note: you're stepping forward on the words "life" and "is" 09:00

- 4& Rock R fw (4), recover onto L (&) 09:00
5-6 Turn $\frac{1}{4}$ R stepping R to R side, raising onto ball of R foot (piqué) and hitching L foot next to R leg/knee (think figure 4) (5), cross L over R (6)

Note: You're following the song again, raising up on the beginning of "complicated" 12:00

- 7& Turn $\frac{1}{4}$ R stepping R fw, raising onto ball of R foot (piqué) and turning $\frac{1}{2}$ R while hitching L (7), step L back (8)

Note: You're following the song again, raising up on the word "I" 09:00

- 8& Step R back (8), step L next to R (&) 09:00

A[25-32] Walk walk sweep, Cross side back rock, $\frac{1}{4}$ $\frac{1}{2}$ L out, Arms up

- 1-2-3 Step R fw (end of coaster step) (1), hold (2), step L fw sweeping R ccw (3)

Note: you're stepping forward on the words "tried" and "lie" 09:00

- 4& Cross R over L (4), step L to L side opening up toward 10:30 (&) 09:00
5& Rock R back (5), recover onto L (&) 09:00
6& Turn $\frac{1}{4}$ L stepping R back (6), turn $\frac{1}{2}$ L stepping L fw (&) 12:00
7-8 Step R to R side while raising both arms arm palms open (7), keep raising arms until fully stretched over head (8) 12:00

A[33-34] Pull arms down

- 1-2 (ish) Close both hands into fists while dragging arms down towards center of body (1-2)

Note: your cue to start B is the words "I hate it when the" 12:00

PART B

B[1-8] Twist L, R ¼ L sweep, Cross side scissor step, ¼ ½ L step, Rock step

1-2-3 Crossing arms over chest twist upper body L (1), release arms next to hips, palms facing down and twist upper body R (2), turn ¼ L stepping onto L and sweeping R ccw

Note: you'll be doing the twists on the words "Cold Sets In" 09:00

4&5 Cross R over L (4), step L to L side (&), close R behind L (5) 09:00

&6& Cross L over R (&), turn ¼ L stepping R back (6), turn ½ L stepping L fw (&) 12:00

7-8& Step R fw (7), rock L fw (8), recover onto R (&) 12:00

B[9-16] Back sweep x2 collapse, Out out ¼ lean, Full spiral R, Step ½ ½ R

1-2-3 Step L back sweeping R cw while R arm goes from R shoulder and fw in a circular motion (1), repeat with R leg and L arm (2), touch/press L behind R while arms cross in front of chest (weight L) 12:00

4& Step R to R side on the ball of your foot, while bringing R arm to R hip palm down(4), step L to L side on the ball of your foot while bringing L arm to L hip palm down (&) 12:00

5 Step R to R side twisting body ¼ L doing a low kick with L (5) 09:00

6-7 Step down on L doing a full spiral turn R (6), step R fw (7) 09:00

8& Turn ½ R stepping L back (8), turn ½ R stepping R fw (&) 09:00

B[17-24] ¼ R basic, ½ L sweep, Side cross, Side arabesque, Cross rock side

1-2& Turn ¼ R stepping L to L side (1), close R behind L (2), cross L over R (&) 12:00

3-4& Turn ¼ L stepping R back and sweeping L ccw another ¼ L (3), step L to L side (4), cross R over L (&) 06:00

5 Step L to L side lifting R leg diagonally back (5) 06:00

6&7 Rock R over L (6), recover onto L (&), step/sway R to R side (7) 06:00

8& Sway L (8), Sway R (&) 06:00

B[25-32] Walk x 3, Mambo ¼ R, Cross ¼ ¼ L, ¼ L hitch, Cross rock side

1-2-3 Walk fw L (1), walk fw R (2), walk fw L (3) 06:00

4&5 Rock R fw (4), recover onto L (&), turn ¼ R stepping R to R side (5) 09:00

&6 Cross L over R (&), turn ¼ L stepping R back 06:00

&7 Turn ¼ L stepping L to L side (&), on L turn ¼ L hitching R (7) 12:00

8& Rock R over L (8), recover onto L (&)

Note: this is your ending at the last B. Only do the cross on count 8. You're facing 12 12:00

B[33-40] Twirling diamond fallaway

1-2& Step R to R side (1), turn ⅛ L stepping L back (2), step R back (&) 10:30

3-4& Turn ¼ L stepping L fw, prepping body R (3), turn ½ L stepping R back (4), turn ½ L stepping L fw (&)

Note: non-turning option step R fw (4), step L fw (&) 07:30

5-6& Turn ⅛ L stepping R to R side (5), turn ⅛ L stepping L back (6), step R back (&) 04:30

7-8& Turn ¼ L stepping L fw, prepping body R (7), turn ½ L stepping R back (8), turn ½ L stepping L fw (&)

Note: non-turning option step R fw (8), step L fw (&) 01:30

B[41-48] Basic R, Basic L, Sway R-L, Cross behind collapse

1-2& Turn ⅛ L stepping R to R side (1), close L behind R (2), cross R over L (&) 12:00

3-4& Step L to L side (3), close R behind L (4), cross L over R (&) 12:00

5-6 Sway body R while reaching R arm up (5), sway body L while reaching L arm up (6) 12:00

7-8 Cross/touch R behind L pulling arms in toward body and collapsing upper body (7-8) - like taking a dramatic bow

Note: when going from B to B at the end only pull arms in - don't collapse, to make it easier going into the twist. 12:00

TAG

T[1-10] Twirling diamond fallaway (same as counts 33-40), Side arms arm, pull down

- 1-2& Step R to R side (1), turn $\frac{1}{8}$ L stepping L back (2), step R back (&) 10:30
3-4& Turn $\frac{1}{4}$ L stepping L fw, prepping body R (3), turn $\frac{1}{2}$ L stepping R back (4), turn $\frac{1}{2}$ L stepping L fw (&) 07:30
5-6& Turn $\frac{1}{8}$ L stepping R to R side (5), turn $\frac{1}{8}$ L stepping L back (6), step R back (&) 04:30
7-8& Turn $\frac{1}{4}$ L stepping L fw, prepping body R (7), turn $\frac{1}{2}$ L stepping R back (8), turn $\frac{1}{2}$ L stepping L fw (&) 01:30
9-10 Turn $\frac{1}{8}$ L stepping R to R side, reaching both arms up (9), pull both arms down (10) 12:00

Good luck & enjoy!

Last Update - 29 Sept. 2021
