

Coastin' Monet

COPPER KNOB
STEPPERS

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Mark Treacy (USA) - September 2021
音樂: Coastin' - Victoria Monét



Count In: 16

Pattern: 123Coastin' 23Coastin' 123Coastin'Coastin' 12

Part 1, 16 Count, Walks and Half Turns

1-8 Walk R L RL Lift Right Half Turn, Walk R L RLR

1-8 Walk L R LR Lift Left Half Turn, Walk L R LRL

Part 2, 16 Count, Walk, Hips Sways, Back Taps, Low Rocks

1-8 Walk R L R L, Hip Sway RLRL

1-8 Back Tap R L, Back Tap L R, Low Hip Rock for 4

Part 3, 16 Count, Step Sailors, Walk Booty Back, Back Recovers, Kick Side RLRL

1&2,3&4 Step Sailor Up R LRL, Step Sailor Up L RLR

5-8 Walk Booty Back for 4 R L R L

1&2,3&4 R Back and Recover, L Back and Recover

5-8 Kick Side R L R L

Coastin' Hip Roles, 16 Counts

1-8 Hip Rolls (Coastin') Around the World to the Right RL RL RL RL Full Circle

1-8 Hip Rolls (Coastin') Around the World to the Left LR LR LR LR Full Circle

Part 2, Part 3, Coastin'

Part 1, Part 2, Part 3, Coastin', Coastin'

Part 1, Part 2
