

Show Yourself The Door

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Tim Gauci (AUS) - September 2021
音樂: Giddy Up - Hinterland : (Album: iTunes single)



Begin dance on lyrics, 24 beats in. 2 tags facing 12:00 wall.

[1-8] SIDE, BEHIND, SIDE, CROSS, SIDE, SAILOR STEP, TOUCH, UNWIND ¾

12&34 Step L to L side, step R behind L, step L to L (&), cross R over L, step L to L 12:00
5&678 Step R behind L, step L to L (&), step R to R, touch L toe behind R heel, unwind ¾ turn L
(take weight on L) 3:00

[9-16] DOROTHY STEP, DOROTHY STEP, FWD, ROCK, ½, ¼

12&34& Step R fwd on R45, lock L behind R, step R fwd on R45 (&), step L fwd on L45, lock R behind
L, step L fwd on L45 (&) 3:00
5678 Step R fwd, rock weight back onto L, making ½ turn R step R fwd, making ¼ turn R step L to
L 12:00

[17-24] SAILOR STEP, COASTER TURN ¼, WALK, WALK, OUT, OUT, HOLD

1&23&4 Step R behind L, step L to L (&), step R to R, making ¼ L step L back, step R next to L (&),
step L fwd 9:00
56&78 Walk fwd R, L, step R out to R45 (&), step L out to L45, hold 9:00

[25-32] BOUNCE, BOUNCE, BALL CROSS, SIDE, BALL CROSS, SIDE, ¼ COASTER STEP

12&34& With weight on both toes bounce heels twice (weight R), step L back and slightly to the R (&),
cross R over L, step L to L, step R back and slightly to the L (&) 9:00
567&8 Cross L over R, step R to R, making ¼ L step L back, step R next to L (&), step L fwd 6:00

[33-40] STEP, TWIST, TWIST, ¼, SAILOR STEP, BEHIND, ¼ FWD

1234 Step R fwd, making ¼ turn L twist both heels R, making ¼ turn R twist both heels to L (weight
R), making ¼ turn R step L to L 9:00
5&678 Step R behind, L step L to L (&), step R to R, step L behind R, making ¼ turn R step R fwd
12:00

[41-48] STEP, TWIST, TWIST, ¼, SAILOR STEP, TOUCH, UNWIND ¾

1234 Step L fwd, making ¼ turn R twist both heels L, making ¼ turn L twist both heels to R (weight
L), making ¼ turn L step R to R 9:00
5&678 Step L behind R, step R to R (&), step L to L, touch R toe behind L heel, unwind ¾ turn R
(weight R) 6:00

[48] Beats Repeat dance in new direction

Tag at the end of walls 2 and 6, add the following 16 beats: both facing 12:00

12&34 Step L to L side, step R behind L, step L to L (&), cross R over L, step L to L
5&678 Step R behind L, step L to L (&), step R to R, touch L toe behind R heel, unwind full turn L
(take weight on L)

12&34 Step R to R side, step L behind R, step R to R (&), cross L over R, step R to R
5&678 Step L behind R, step R to R (&), step L to L, touch R toe behind L heel, unwind full turn R
(take weight on R)