Bad Habits AB EZPZ

級數: Absolute Beginner

編舞者: Mitzi Day (USA) - September 2021 音樂: Bad Habits - Ed Sheeran

All straight counts . One easyTag

拍數: 32

WALK FWD DIAGONAL LEFT R-L-R THEN HITCH LEFT KNEE.(10:00) WALK BACK TO HOME L-R-L-TOUCH R.(12:00)

- 1-4 face 10:00 and walk forward right,left,right , then raise the left knee up keeping weight on right .
- 5-8 walk back left , right, left, then touch right.

K STEP

- 1-4 Step right foot forward at a diagonal right. touch left foot beside right foot.Step left foot diagonal back to where you were at ct 1. touch right foot beside left foot.
- 5-8 Step right foot back at a diagonal right . Step left foot to touch beside right foot. Step left foot back where it was at count 1. Weight is on left foot.

WALK FWD DIAGONAL RIGHT R-L-R THEN HITCH LEFT KNEE.(2:00) WALK BACK TO HOME L-R-L touch right.(12:00)

1-4 face 2:00. Walk to 2:00 right, left, right and raise left knee keeping weight on right foot(2:00)
5-8 Walk back to where you were on ct 1 by backing up left, right , left, then touch right foot. (12:00)

STOMP RIGHT AND HOLD, STOMP LEFT AND HOLD. 1/4 turn ,1/4 turn (6:00)

- 1-2 Stomp right foot and hold.
- 3-4 Stomp left foot and hold.
- 5-6 Step right forward taking weight on it,turn 1/4 to face 9:00 and put weight on left foot.
- 7-8 Step right forward taking weight on it, turn 1/4 to face back wall and put weight on left

Tag happens at end of wall 5 wall, facing back wall . just freeze for 4 cts then resume start of dance.





牆數:2