Leave Before You Love Me (P)



拍數: 64 牆數: 0 級數: Novice Oartner

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音樂: Leave Before You Love Me - Marshmello & Jonas Brothers



Start: In Sweetheart position. The man's and lady's steps are opposite except if indicated. Intro: 16 counts, start on word "Calling".

[1-8] M: WALK, WALK, SHUFFLE FWD, STEP, PIVOT 1/4 TURN R, CROSS SHUFFLE [1-8] L: WALK, WALK, SHUFFLE FWD, STEP, PIVOT 1/4 TURN L, CROSS SHUFFLE

1-2 M: Walk forward with R,L

L: Walk forward with L,R

3&4 M : Shuffle forward with R,L,R

L: Shuffle forward with L,R,L

5-6 M : Step L forward, pivot 1/4 turn to right L : Step R forward, pivot 1/4 turn to left

*** On count 5, the man raises both R hands over the lady's head.

*** You are now in Double Hand Cross position, man facing O.L.O.D and lady facing I.L.O.D

7&8 M : Cross shuffle to right with L,R,L

L: Cross shuffle to left with R,L,R

[9-16] M: SIDE, TOGETHER, COASTER STEP, SIDE, CROSS, 1/4 TURN L and SHUFFLE FWD [9-16]L: SIDE, TOGETHER, COASTER STEP, 1/4 TURN R, 1/2 TURN R, 1/2 TURN R and SHUFFLE FWD

1-2 M: Step R to right side, step L together R

L: Step L to left side, step R together L

3&4 M: Step R back, step L together R, step R forward

L : Step L back, step R together L, step L forward

5-6 M: Step L to left side, cross step R behind L

L: 1/4 turn to right and step R forward, 1/2 turn to right and step L back

*** On count 5, the man let go both L hands and raises both R hands over the lady's head.

7&8 M: 1/4 turn to left and shuffle forward with L,R,L

L: 1/2 turn to right and shuffle forward with R,L,R

*** You are now in Sweetheart position.

[17-24] M: WALK, WALK, KICK-BALL-STEP, 1/4 TURN R, 1/4 TURN R, SAILOR STEP [17-24] L: WALK, WALK, KICK-BALL-STEP, 1/4 TURN L, 1/4 TURN L, SAILOR STEP

1-2 M: Walk forward with R,L

L: Walk forward with L,R

3&4 M: Kick R forward, ball R together L, step L forward

L: Kick L forward, ball L together R, step R forward

5-6 M: 1/4 turn to right and cross step R over L, 1/4 turn to right and step L back

L: 1/4 turn to left and cross step L over R, 1/4 turn to left and step R back

*** On count 5, the man raises both R hands over the lady's head.

*** You are now in Double Hand Cross position, the man facing R.L.O.D.

7&8 M: Cross step R behind L, step L to left side, step R forward

L: Cross step L behind R, step R to right side, step L forward

[25-32] M: STEP, PIVOT 1/4 TURN R, SHUFFLE FWD, MAMBO in 1/4 TURN R, 1/4 TURN R CHASSÉ to L [25-32] L: STEP, PIVOT 1/4 TURN L, SHUFFLE FWD, MAMBO in 1/4 TURN L, 1/4 TURN L, CHASSÉ to R

1-2 M : Step L forward, pivot 1/4 turn to right

L : Step R forward, pivot 1/4 turn to left

^{***} On count 1, let go the hands.

3&4 M : Shuffle forward with L,R,L

L: Shuffle forward with R,L,R

5&6 M: Rock step R forward, recover on L, 1/4 turn to right and step R forward

L: Rock step L forward, recover on R, 1/4 turn to left and step L forward

7&8 M: 1/4 turn to right and chassé to left with L,R,L

L: 1/4 turn to left and chassé to right with R,L,R

*** On count 8, you are now in Double Hand Cross position, R hands on top, man facing O.L.O.D, lady facing I.L.O.D

[33-40] M : SIDE, TOUCH, 1/4 TURN L and SHUFFLE FWD, WALK, WALK, SHUFFLE FWD

[33-40] L: SIDE, TOUCH, 1/4 TURN R and SHUFFLE FWD, 1/2 TURN R, 1/2 TURN R, SHUFFLE FWD

1-2 M : Step R to right side, point L together R

L : Step L to left side, point R together L

3&4 M: 1/4 turn to left and shuffle forward with L,R,L

L: 1/4 turn to right and shuffle forward with R,L,R

*** You are now in Volkswagen position face L.O.D.

5-6 M: Walk forward with R,L

L: 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 5, the man let go both L hands and raises both R hands over the lady's head.

*** You are now in Sweetheart position facing L.O.D.

7&8 M : Shuffle forward with R,L,R

L: Shuffle forward with L,R,L

[41-48] M: 1/4 TURN R, 1/2 TURN R, TRIPLE STEP, ROCK SIDE in 1/4 TURN L, SHUFFLE FWD [41-48] L: 1/4 TURN L, 1/2 TURN L, TRIPLE STEP, ROCK SIDE in 1/4 TURN R, SHUFFLE FWD

1-2 M: 1/4 turn to right and step L forward, 1/2 turn to right and step R back

L: 1/4 turn to left and step R forward, 1/2 turn to left and step L back

*** On count 1, the man lower both L hands and raises both R hands over the lady's head.

*** On count 2, the man lower both R hands and raises both L hands over his head.

Position Double Hand Cross, man facing I.L.O.D. and lady facing O.L.O.D.

3&4 M: Triple step on place with L,R,L

L: Triple step on place with R,L,R

5-6 M: Rock R to right side, 1/4 turn to left and recover on L

L: Rock L to left side, 1/4 turn to right and recover on R

*** You are now in Volkswagen position, facing R.L.O.D.

7&8 M : Shuffle forward with R.L.R

L: Shuffle forward with L,R,L

[49-56] M: STEP, PIVOT 1/2 TURN R, SHUFFLE FWD, CROSS, STEP, SHUFFLE FWD

[49-56] L : STEP, PIVOT 1/2 TURN L, SHUFFLE FWD, CROSS, 1/2 TURN L, 1/2 TURN L and SHUFFLE FWD

1-2 M : Step L forward, pivot 1/2 turn to right

L : Step R forward, pivot 1/2 turn to left

*** You are now in Reverse Volkswagen position facing L.O.D.

3&4 M : Shuffle forward with L,R,L

L: Shuffle forward with R,L,R

5-6 M: Cross step R over L, step L forward

L: Cross step L over R, 1/2 turn to left and step R back

*** On count 5, the man let go both L hands and raises Both R hands over the lady's head.

7&8 M : Shuffle forward with R,L,R

L: 1/2 turn to left and shuffle forward with L,R,L

*** You are now in Sweetheart position facing L.O.D.

[57-64] M: 2X (CROSS, POINT), STEP, TOUCH TOGETHER, KICK-BALL-STEP [57-64] L: 2X (CROSS, POINT), STEP, TOUCH TOGETHER, KICK-BALL-STEP

1-2 M: Cross step L over R, point R to right side

L: Cross step R over L, point L to left side

M: Cross step R over L, point L to left side
L: Cross step L over R, point R to right side

M: Step L forward, point R together L
L: Step R forward, point L together R

M: Kick R forward, ball R together L, step L forward
L: Kick L forward, ball L together R, step R forward

Restart from beginning...

HAVE FUN!

NANCY & GUY, SUZANNE & MARC