

# Trillium Twirl Waltz (L/P)

COPPER KNOB  
STEPSHEETS

拍數: 30      牆數: 2      級數: Improver  
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - September 2021  
音樂: Cowboy Life - Rusty Truck  
或: Dance with Me - Folk Soul Revival  
或: Tennessee Whiskey - Chris Stapleton



---

**Other Music: Dance With Me (Folk Soul Revival) [133 bpm; start after 42 sec intro]; Tennessee Whiskey (Chris Stapleton) [152 bpm / 6/8]; Lose Control (Teddy Swim) [159 bpm / 6/8]**

**NOTE: No tags, no restarts. A fast waltz. Steps described are for solo dancer, or for Lead if done as a partner dance in closed hold.**

**[1-6] SWAY L AND R (Var. Side, rock behind, recover, repeat other side)**

1-3            Step LF to L (1), sway hips L and RF drifts toward LF (2-3)  
4-6            Step RF to R (4), sway hips R and LF drifts toward RF (5-6)

**[7-12] WALTZ FWD ¼ TURN L, WALTZ BACK ¼ TURN L**

1-3            Step LF FWD ¼ turn L (1), step RF beside LF (2), transfer weight to LF in place (3)  
4-6            Step RF back ¼ turn L (4), step LF beside RF (5), transfer weight to RF in place (6)

**[13-18] SWING BALANCE FWD WITH POINT, BALANCE BACK WITH HOOK**

1-3            Step LF FWD (1), swing R leg FWD and point RF low to floor 3 (2-3)  
4-6            Step RF back (4), drag LF across R leg and hook (5-6)

**[19-24] VIENNESE WALTZ REVERSE TURN (CCW): TURN, SIDE, CROSS, BACK, HEEL PIVOT**

1-3            Step LF FWD and turn 1/4 L (1), step RF small step to R (2), pivot 1/4 L on ball of RF and cross LF over RF with weight (3)  
4-6            Step back on RF (4), step LF beside RF with weight on L heel and pivot 1/4 L (5), allow momentum to continue pivot another 1/4 L and transfer weight to RF (6)

**Easier version: Two quick triple-step half turns.**

**[25-30] STEP FWD, POINT, HOLD, STEP BACK, DRAG, TOUCH**

1-3            Step LF FWD (1), point RF toe to R (2), hold (3)  
4-6            Step RF back (4), drag LF toward RF (5), touch LF toe beside RF (6)

**START OVER**

Contact: [dancingdjr2 at icloud dot com](mailto:dancingdjr2@icloud.com)

Last Update: 2 Aug 2024

---