

# Release

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Jo Rosenblatt (AUS) - September 2021  
音樂: Release - Willow : (iTunes)



for Willow

Start: 32 Count intro, Weight on left

**Section 1: Forward, Rock, ½ Turn Shuffle, Forward, Rock, Coaster**

1 2 3&4      Step R forward, Rock back on L, Turn 180° right shuffle forward RLR (6)  
5 6 7&8      Step L forward, Rock back on R, Step L back, Step R beside left, Step L forward

**Section 2: Forward, Hold, Together, Walk, Walk, Rocking Chair**

1 2&3 4      Step R forward, Hold, Step L beside right, Walk R fwd, Walk L fwd  
5 6 7 8      \*\*\* Step R forward, Rock back on L, Step R back, Rock forward on L \*\*\*

**Section 3: Pivot Turn, Heel-Ball-Step, Paddle, Heel-Ball-Step**

1 2 3&4      Step R fwd, Turn 180° left step L fwd, Touch R heel fwd, Step R beside left, Step L fwd (12)  
5 6 7&8      Step R fwd, Turn 90° left step L to side, Touch R heel fwd, Step R beside left, Step L fwd (9)

**Section 4: ¼ Jazz, ¼ Jazz with Cross**

1 2 3 4      Cross R over left, Step L back, Turn 90° right step R to side, Step L forward (12)  
5 6 7 8      Cross R over left, Step L back, Turn 90° right step R to side, Step L across right (3)

**Section 5: Side, Rock, Behind, Side, Rock, Behind, ¼ Forward, Forward (6)**

1 2 3 4      Step R to right, Rock/Recover onto L, Step R behind left, Step L to left  
5 6 7 8      Rock/Recover onto R, Step L behind right, Turn 90° right step R forward, Step L forward (6)

**Section 6: Forward, Point, Back, Point, Cross, Side, Behind, Sweep**

1 2 3 4      Step R forward, Point L toe to left, Step L back, Point R toe to right  
5 6 7 8      Cross R over left, Step L to left, Step R behind left, Sweep L around from front to back

**Section 7: Behind, Side, Cross, Sweep, Cross, ¼ Back, Back, Rock**

1 2 3 4      Step L behind right, Step R to right, Cross L over right, Sweep R around from front to back  
5 6 7 8      Cross R over left, Turn 90° right step L back, Step R back, Rock forward onto L (9)

**Section 8: Side, Hold, Together, Side, Tap, Side, Hold, Together, Side, Tap**

1 2&3 4      Step R to right, Hold, Step L beside right, Step R to right, Tap L beside right  
5 6&7 8      Step L to left, Hold, Step R beside left, Step L to left, Tap R beside left

**Section 9: Cross, Rock, Side, Rock, Back, Rock, Step, Paddle**

1 2 3 4      Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L  
5 6 7 8      Step R back behind left, Rock/Recover onto L, Step R fwd, Turn 90° left step L to side (6)

**Section 10: Cross, Rock, Side, Rock, Back, Rock, Full Turn Fwd**

1 2 3 4      ## Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L ##  
5 6 7 8      Step R back, Rock/Recover onto L, Turn 180° left step R back, Turn 180° left step L fwd (6)

RESTARTS:-

WALL 3: Restart the dance at the back wall after Count 16 \*\*\*.

WALL 4: Restart the dance at the front wall after Count 76 ##.

Enjoy!!!!

**This dance is dedicated to Willow - for finally realizing his dreams.  
Yahoo my friend!!! It was worth the wait!!!**

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