

Kesi

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2021
音樂: KESI (Remix) - Camilo & Shawn Mendes : (Spotify)



(Dance starts on lyrics) - No tags or restarts -

[S1] 1/4R Hitch & Hop, 1/4L Stomps, Hitch & Hop, 1/4L Stomps

- &1&2 Step R in place, Hop on R while making a 1/4 turn right and hitch L heel, Step L in place, Hop on L and hitch R heel (3:00)
- &3&4 Making a 1/4 turn right stomp 4 times on the spot R-L-R-L (12:00)
- &5&6 Step L in place, Hop on L and hitch R heel, Step R in place, Hop on R and hitch L heel
- &7&8 Making a 1/4 turn right stomp 4 times on the spot L-R-L-R (9:00)

[S2] V Step into Vaudevilles, Fwd-Fwd-Together-Back-Together

- &1&2 Step R diagonally forward to right, Step L diagonally forward to left, Bring R back to the centre, Cross L over R
- &3& Step R to the side, Touch L heel diagonally forward, Step L beside R
- 4&5& Cross R over L, Step L to the side, Touch R heel diagonally forward, Step R beside L
- 6&7 Step forward on L, Step forward on R, Step L together (optional: pushing hips forward)
- &8 Step back on R, Step L together (optional: pushing hips back)

[S3] Fwd, 1/2L Touch-Ball-Fwd-1/4R-Touch-Ball, Fwd, 1/2R Touch-Ball-Syncopated Rocking Chair

- 1 2& Step forward on R, Making a 1/2 turn left bring/touch L next to R, L ball step on the spot (3:00)
- 3&4& Step forward on R, Step forward on L, Making a 1/4 turn right bring/touch R next to L, R ball step on the spot (6:00)
- 5 6& Step forward on L, Making a 1/2 turn right bring/touch R next to L, R ball step on the spot (12:00)
- 7&8& Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R

[S4] 2x Kick-Ball-Out-Out, Kick-Ball-Fwd-Heel Bounce-Heel Swivel

- 1&2& Kick L foot forward, Step down on ball of L foot, Step R to the side, Step L to the side
- 3&4& Kick R foot forward, Step down on ball of R foot, Step L to the side, Step R to the side
- 5&6 Kick L foot forward, Step down on ball of L foot, Step forward on R (weight on L)
- &7&8 R heel bounce (&7), Swivel R heel in to the left, Swivel R heel out to the right

[S5] Behind-Side-Cross-Side-Behind w/ Kick, R Sailor w/ Kick into Drunken Sailor w/ Kick, Behind-1/4R-Switch Kick

- 1&2& Step R behind L, Step L to the side, Cross R over L, Step L to the side
- 3 4& Step/hop R behind L and kick L diagonally left, Step L behind R, Step R slightly to the side
- 5&6 Step/hop L behind R and kick R diagonally right, Step R behind L, Step L slightly to the side
- & (7)& Step/hop R behind L and kick L diagonally left, Hold, Step L behind R
- 8& Make a 1/4 turn right stepping forward on R, Switch weight on L and kick R diagonally right (3:00)

[S6] Dip-Point, Hip Bumps, Hold, Ball-Cross-Side-Touch-Switch Kick

- 1 2 Step R to the side as you dip, Point L toe to the side (sit on R foot)
- &3&4 Gradually moving up- Hip bumps L-R-L-R
- &5 6 Continuing hip bumps L-R (&5), Hold (6)
- &7& Ball step L in place, Cross R over L, Step L to the side
- 8& Touch R next to L, Switch weight on R (slightly to the side) and kick L diagonally left

[S7] Dip-Point, Hip Bumps, Hold, Ball-Cross-1/4L-1/4L Side Rock

- 1 2 Step L to the side as you dip, Point R toe to the side (sit on L foot)
&3&4 Gradually moving up- Hip bumps R-L-R-L
&5 6 Continuing hip bumps R-L (&5), Hold (6)
&7& Ball step R in place, Cross L over R, Make a 1/4 turn left stepping back on R (12:00)
8& Make a 1/4 turn left stepping (rock) L to the side, Replace weight on R (9:00)

[S8] Cross-Hold, Ball-Cross-Ball-Cross-Ball-Cross, Hold, Side Rock-Behind Rock

- 1 2 Cross L over R, Hold (2)
&3&4 Step R to the side, Cross L over R, Step R close to L, Cross L over R
&5 6 Step R close to L, Cross L over R, Hold (6)
&7&8 Rock R to the side, Replace weight on L, Rock R behind L, Replace weight on L

Ending suggestion: The last wall starts facing 9:00.

Dance up to count 15 (6:00), then make a swift 1/2L turn stepping forward on L-R (12:00).

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 22/Sept/21)**
