

Mercy

拍數: 64 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2021
音樂: Mercy - Jonas Brothers : (Spotify)



(16 count intro/Dance starts on lyrics)

[S1] Fwd-Heel Bounce Turn 1/2L-1/4R, Back-Side Rock, Rock Back

1 2 3 Step forward on R, Bounce heels 2 times turning 1/2 left (6:00)
4 Bounce heels turning 1/4 right with weight on L (9:00)
5&6 Step back on R, Rock L to the side, Replace weight on R
7 8 Rock L to the side, Replace weight on R

[S2] Fwd Rock, Full Turn Back, Back-Side Rock, Back-Touch

1 2 Rock forward on L, Replace weight on R
3 4 Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (9:00)
5&6 Step back on L, Rock R to the side, Replace weight on L
7 8 Step back on R, Touch L next to R

[S3] Fwd, 3/4R Turning Lock Shuffle Sequence (1/4R Lock-Side-Lock, 1/4R Back-Lock-Back, 1/4R Side-Lock-1/4R Fwd)-Together

1 Step forward on L
2&3 Making a 1/4 turn stepping (lock) R over L , Step L to the side, Lock R over L (12:00)
4&5 Make a 1/4 turn right stepping back on L, Lock R over L, Step back on L (3:00)
6&7 Make a 1/4 turn right stepping R to the side, Lock L behind R, Make a 1/4 turn right stepping forward on R (9:00)
8 Step L together

[S4] Back-1/2L-Together-Back-1/2R-Together-Behind-1/4L

1 2 3 Step back on R, Make a 1/2 turn left stepping forward on L, Step R together (3:00)
4 5 6 Step back on L, Make a 1/2 turn right stepping forward on R, Step L together (9:00)
7 8 Step R behind L, Make a 1/4 turn left stepping forward on L** (6:00)

[S5] Point-1/4R w/ Cross Touch-Fwd, Point-1/4L w/ Cross Touch-Fwd, Point-Cross Kick-

1 2 3 Point R to the side, Make a 1/4 turn right on ball of L foot/cross touch R toe in front of L, Step forward on R (9:00)
4 5 6 Point L to the side, Make a 1/4 turn left on ball of R foot/cross touch L toe in front of R, Step forward on L (6:00)
7 8 Point R toe to the side, Kick R across L

[S6] -&-Cross Kick, Side Rock, Cross Samba, Cross-1/4R-Point

&1 Step R to the side, Kick L across R
2 3 Rock L to the side, Replace weight on R
4&5 Cross L over R, Rock R to the side, Recover weight on L
6 7 8 Cross R over L, Make a 1/4 turn right stepping back on L, Point R to the side (9:00)

[S7] Cross-Hitch, Cross-Hinge Turn 1/2L-Hitch, Cross, Side

1 2 Cross R over L, Hitch L knee
3 4 Cross L over R, Make a 1/4 turn left stepping back on R (6:00)
5 6 Make a 1/4 turn left stepping L to the side, Hitch R knee (3:00)
7 8 Cross R over L, Step L to the side

[S8] Behind Rock-&-Behind, Kick, Behind, 1/4L, Step-Pivot 1/2L

1 2& Rock R behind L, Replace weight on L, Step R to the side
3 4 Step L behind R, Kick R to the side
5 6 Step R behind L, Make a 1/4 turn left stepping forward on L (12:00)
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (6:00)

Restart on Wall 2 count 32 (12:00)**

Tag (16 counts): At the end of Wall 3 (6:00) and 5 (6:00)

[S1] Side Rock-Cross Shuffle, 1/4R, 1/4R, Fwd Rock

1 2 Rock R to the side, Replace weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Make a 1/4 turn right stepping back on L, Make a 1/4 turn right stepping forward on R (12:00)
7 8 Rock forward on L, Replace weight on R

[S2] Side Rock-Cross Shuffle, 1/4L, 1/2L, Side, Together

1 2 Rock L to the side, Replace weight on R
3&4 Cross L over R, Step R close to L, Cross L over R
5 6 Make a 1/4 turn left stepping back on R, Make a 1/4 turn right stepping forward on L (6:00)
7 8 Big step R to the side, Step L next to R

Ending suggestion: The last wall starts facing 6:00.

Dance up to count 32 (12:00), then step forward on R.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 22/Sept/21)**
