

Con Mi Nina

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Nelly Wahyuni/Nema (INA) - September 2021
音樂: Ese Amor (feat. Jimmy Dub) - Andeeno Damassy



INTRO : 32 C

SEC 1 : SAMBA WHISK R-L, FWD MAMBO, BACK MAMBO

1 a 2 Step Rf to side, Lf cross behind Rf, Rf in Place
3 a 4 Step Lf to side, Rf cross behind Lf, Lf in Place
5 & 6 Step Rf fwd, recover on Lf, step Rf back
7 & 8 Step Lf back, recover on Rf, step Lf fwd

SEC 2 : ¼ TURN R CROSS SHUFFLE, ½ TURN L CROSS SHUFFLE, JAZZ BOX

1 & 2 Cross RF over LF making ¼ turn R (3 : 0), step Lf to L, step Rf cross Lf
3 & 4 Cross LF over RF making ½ turn L (9 : 0), step Rf to R, step Lf cross Rf
5 - 6 Step Rf cross Lf, step Lf back
7 - 8 Step Rf to side, Lf fwd

SEC 3 : CROSS SAMBA R - L, FWD TOUCH, SIDE TOUCH, BEHIND, SIDE, FWD

1 & 2 Cross Rf over Lf, step Lf to side, Rf in place
3 & 4 Cross Lf over Rf, step Rf to side, Lf in place
5 - 6 Touch Rf fwd, touch Rf to side
7 & 8 Step Rf behind Lf, step Lf to side, step Rf fwd

SEC 4 : FWD LOCK SHUFFLE, ¼ TURN L ROCK SIDE , RECOVER, CROSS, ROCK SIDE, RECOVER, ¼ TURN L COASTER STEP WITH SAILOR

1 & 2 Step Lf fwd, lock Rf behind Lf, step Lf fwd
3 & 4 ¼ turn L step Rf to side, recover on Lf, cross Rf over Lf
5 - 6 Rock Lf to L, recover on Rf
7 & 8 ¼ turn L, step Lf back, step rf next to Lf, step Lf fwd

Tag (4 counts) after wall 3, OUT-OUT, IN - IN

1 - 2 Step Rf to R diagonal fwd, step Lf to L
3 - 4 Step Rf back to center, step Lf beside Rf

Have fun...

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Last Update - 21 Sept. 2021
