

# Comin' On Strong!

拍數: 32      牆數: 4      級數: Improver  
編舞者: Charlie Bowring (UK), Rob Fowler (ES) & I.C.E. (ES) - September 2021  
音樂: Comin' On Strong - Trace Adkins



Intro: 16 counts (approx. 10 secs)

## S1: TOUCH RIGHT HEEL FORWARD, RIGHT TOE BACK, RIGHT SHUFFLE FORWARD, ROCK, RECOVER, ¼ LEFT, CLOSE, ¼ LEFT

1-2            Touch right heel forward, touch right toe back  
3&4           Step right forward, step instep of left to right heel, step right forward  
5-6           Rock left forward, recover on to right  
7&8           Step left to side making ¼ turn left, step right next to left, step left forward making ¼ turn left (6:00)

RESTART: Restart here during WALL 5 facing 6:00.

## S2: WEAVE WITH SWEEP, BEHIND LEFT, SIDE RIGHT, CROSS ROCK, RECOVER, SIDE

1-2            Step right across left, step left to left side  
3-4            Step right behind left, sweep left from front to back  
5-6            Step left behind right, step right to right side  
7&8            Cross rock ball of left over right, recover on to right, step left to left side

## S3: SWAY RIGHT, LEFT (WITH CLOSE), CHASSE RIGHT, CROSS, BACK, SHUFFLE ¼ LEFT

1-2            Sway hips to right, sway hips to left (dragging right into a touch next to left)  
3&4            Step right to right side, step left next to right, step right to right side  
5-6            Step left across right, step right back  
7&8            Step left forward making ¼ turn left, step instep of right to left heel, step left forward (3:00)

## S4: RIGHT FORWARD, ½ LEFT KICKING LEFT, ROCK BACK, RECOVER, FULL TURN RIGHT, LEFT SHUFFLE FORWARD

1-2            Step right forward, ½ turn left on ball of right kicking left forward (9:00)  
3-4            Rock left back, recover on to right  
5-6            ½ turn right stepping left back, ½ turn right stepping right forward  
(non-turning option for counts 5-6: walk forward left, right)  
7&8            Step left forward, step instep of right to left heel, step left forward

Start Over