

I Like It!

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karianne Heimvik (NOR) - September 2021
音樂: I Like It, I Love It - Tim McGraw



[1-8] vine to the right, vine to the left

1,2,3,4 step RF to the right, step LF behind RF, step RF to the right, touch LF next to RF
5,6,7,8 step LF to the left, step RF behind LF, step LF to the left, touch RF next to LF

(optional:

1,2,3,4 ¼ turn to right stepping RF fwd, ½ turn to right stepping back on LF, ¼ turn to right stepping RF to the right, point LF to left
5,6,7,8 ¼ turn to left stepping LF fwd, ½ turn to left stepping back on RF, ¼ turn to left stepping LF to the left, touch RF next to LF)

[9-16] k-step with ¼ turn

1,2,3,4 step RF fwd on the right diagonal, touch LF next to RF and clap your hands, step LF back in place, touch RF next to LF and clap your hands
5,6,7,8 step RF back on the right diagonal, touch LF next to RF and clap your hands, make ¼ turn to the left by stepping LF fwd, touch RF next to LF and clap your hands

[17-24] twist heel, toe, heel, hold x2

1,2,3,4 twist both heels to the right, twist both «toes» to the right, twist both heels to the right, hold and clap your hands
5,6,7,8 twist both heels to the left, twist both «toes» to the left, twist both heels to the , hold and clap your hands

(optional:

1,2,3,4 step RF to the right, twist LF heel to right, twist LF toe to the right, twist LF heel to the right (next to RF)
5,6,7,8 step LF to the left, twist RF heel to left, twist RF toe to the left, twist RF heel to the left (next to LF))

[25-32] hip bumps

1,2,3,4 hip bumps x2 to the right, recover weight onto LF and make hip bumps x2 to the left
5,6,7,8 swing your hips in a figure 8 starting with right hip fwd
(easier option: hip bump to the right, hip bump to left, hip bump to the right, hip bump to the left)

Start dance again!

Smile, dance and have fun!