

Whiplash

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sharon Fromow (CAN), Rob Fowler (ES) & I.C.E. (ES) - May 2021
音樂: Whiplash - MercyMe : (Album: inhale (exhale))



Intro: 2 counts (approx. 1 sec) - Start on vocals

S1 Walk Forward R,L,R, Kick L, Walk Back L,R,L, Point R

1,2,3,4 Walk forward stepping Right, Left, Right, kick Left forward

(Option: raise hands as you walk forward)

5,6,7,8 Walk back Left, Right, Left, point Right to right side

(Option for count 8: click both fingers over shoulders) 12:00

S2 Step R, Touch L, Back L, Touch R, Step R, Point L, Step L, Point R

1,2 Step forward Right, touch Left behind Right (rolling hands forward)

3,4 Step back Left, touch Right in front of Left (rolling hands backward)

5,6 Step forward Right, point Left to left side

7,8 Step forward Left, point Right to right side 12:00

S3 Jazz Box ¼ R with Touch, Side L, Together, Swivel Heels R, L

1,2 Cross Right over Left, step back on Left turning ¼ right 3:00

3,4 Step Right to right side, touch Left beside Right

5,6 Step Left to left side, step Right beside Left

7,8 Swivel both heels right, swivel both heels left (back to centre - weight on Left)

S4 Side R, Together, Swivel Heels L, R, Side L, Bump Hip L, R, L with Hitch

1,2 Step Right to right side, step Left beside Right

3,4 Swivel both heels left, swivel both heels right (back to centre - weight on Right)

5,6 Step Left to left side, bump Left hip to left side

7,8 Bump Right hip to right side, bump Left hip to left side and hitch Right knee 3:00

REPEAT AND HAVE FUN!

Contact email: countmeincanmore@gmail.com