

Running Wild

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Low Advanced
編舞者: Hiroko Carlsson (AUS) - September 2021
音樂: Running Wild - OKEY & Lovespeake : (Spotify)



(Dance starts on lyric "Young")

[S1] Side, Behind, Side-Cross Rock, 1/4L, Kick-Ball-Step, Step-Pivot 1/4L

1 2 Step R to the side, Step L behind R
3&4 Step R to the side, Rock L over R, Replace weight on R
5 Make a 1/4 turn left stepping forward on L (9:00)
6&7 Kick forward on R, Ball step R in place, Step forward on L
8 1 Step forward on R, Make a 1/4 turn left recover weight on L (6:00)

[S2] Cross-1/4R-Back Rock, Step-Pivot 1/4L, Cross, 1/4R

2& Cross R over L, Make a 1/4 turn right stepping back on L (9:00)
3 4 Rock back on R, Replace weight on L
5 6 Step forward on R, Make a 1/4 turn left recover weight on L (6:00)
7 8 Cross R over L, Make a 1/4 turn right stepping back on L (9:00)

[S3] Back Rock, Fwd, Paddle Turn, Cross Shuffle, Side, Behind-1/4R

1 2 3 Rock back on R, Replace weight on L, Step forward on R
4& Step forward on L, Make a 1/4 turn right recover weight on R (12:00)
5&6 Cross L over R, Step R close to L, Cross L over R
7 8& Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)

[S4] Step-Pivot 1/2R, 3/4R Turn, Cross, Side, Behind Rock

1 2 Step forward on L, Make a 1/2 turn right recover weight on R (9:00)
3 4 Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to the side (6:00)
5 6 Cross L over R, Step R to the side**
7 8 Rock L behind R, Replace weight on R

[S5] Side, Hold-&-Side Rock, Cross, Hold-&-Cross Rock

1 2& Step L to the side, Hold, Step R next to L (optional: shimmy shoulder)
3 4 Rock L to the side, Replace weight on R
5 6& Cross L over R, Hold, Step R close to L
7 8 Rock L over R, Replace weight on R

[S6] Side, Hold-&-Side Rock, Cross-1/4L-1/4L-Point

1 2& Step L to the side, Hold, Step R next to L (optional: shimmy shoulder)
3 4 Rock L to the side, Replace weight on R
5 6 Cross R over L, Make a 1/4 turn left stepping back on L (3:00)
7 8 Make a 1/4 turn left stepping L next to R, Point R to the side (12:00)

[S7] Cross Rock, 1/8R, Point-1/8L Replace, Cross Rock, 1/8R-Point

1 2 3 Rock R over L, Replace weight on L, Make a 1/8 turn right stepping R to the side (1:30)
4& Point L to the side, Make a 1/8 turn left stepping L next to R (12:00)
5 6 Rock R over L, Replace weight on L
7 8 Make a 1/8 turn right stepping R to the side, Point L to the side (1:30)

[S8] 1/4L Back Rock, 1/4R Kick, Back Rock, 1/2L Kick, 1/8L Coaster Step

1 2 Make a 1/4 turn left stepping (rock) back on L, Replace weight on R (10:30)

- 3 Make a 1/4 turn right stepping L to the side/kick forward on R (1:30)
- 4 5 Rock L over R, Replace weight on R
- 6 Make a 1/2 turn left stepping back on R/kick forward on L (7:30)
- 7&8 Step back on L, Make a 1/8 turn left stepping R next to L, Step forward on L (6:00)

Restart with step change on Wall 3 (6:00): dance up to S 4 count 6, then
Step L behind R (7), Touch R next to L (8)**

**Ending suggestion: The last wall starts facing 6:00. Dance up to count 32, then
Big step R to the side, Close L next to R (12:00)**

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 15/Sept/21)**
