

# Mas Que Nada

**COPPER KNOB**  
STEPSHEETS

拍數: 16      牆數: 4      級數: Absolute Beginner  
編舞者: Hiroko Carlsson (AUS) - September 2021  
音樂: Mas Que Nada - Sergio Mendes & Brasil '66



(Intro: 16 count/ Dance starts on lyrics)

## [S1] R Side Mambo, L Side Mambo, Mambo Fwd, Mambo Back

1&2      Step R to the side, Recover weight back onto L, Step R next to L  
3&4      Step L to the side, Recover weight back onto R, Step L next to R  
5&6      Step forward on R, Recover weight back onto L, Slightly step back on R  
7&8      Step back on L, Recover weight back onto R, Slightly step forward on L

## [S2] Box 1/4R Turn, Syncopated Rocking Chair, Step-Pivot 1/2L

1 2      Cross R over L, Make a 1/4 turn right stepping back on L  
3 4      Step R to the side, Step forward on L  
5&      Rock forward on R, Replace weight on L  
6&      Rock back on R, Replace weight on L  
7 8      Step forward on R, Make a 1/2 turn left replace weight on L

No tags or restarts

Ending suggestion:

The last wall starts facing 9:00. Dance up to count 4, then  
Step forward on R (5), Recover weight back onto L (&), Make a 1/4 turn right stepping forward on R (6), Cross  
L over R (7), Hold (8) (12:00)

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 15/Sept/21)

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