

Take My Breath

拍數: 32 牆數: 2 級數: Beginner
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音樂: Take My Breath - The Weeknd



start after 64 counts

section 1 : walk R L, triple R foward, step L foward ½ turn R, triple L foward

1-2 step Rf foward, step Lf foward
3&4 step Rf foward, step Lf next to R, step Rf foward
5-6 step Lf foward, ½ turn R 6:00
7&8 step Lf foward , step Rf next to L, step Lf foward

section 2 : step R foward, together, triple R foward diagonaly, step L foward, together, triple L foward diagonaly

1-2 step Rf foward on R diagonal, step Lf next to R
3&4 step Rf foward on R diagonal, step Lf next to R, step Rf foward
5-6 step Lf foward in L diagonal, step Rf next to L
7&8 step Lf foward in L diagonal, step Rf next to L , step Lf foward

section 3 : step R foward ½ turn L, step R foward ½ turn L, R rocking chair

1-2 step Rf foward, ½ turn L 12:00
3-4 step R f foward, ½ turn L 6:00
5-6 step Rf foward, recover onto Lf
7-8 step Rf back, recover onto Lf

section 4 : kick ball step R, step R foward diagonaly touch L, kick ball step L foward, step L foward diagonaly , touch R

1&2 kick R foward, ball Rf foward, step Lf foward
3-4 step Rf foward on R diagonal, touch Lf next to R
5&6 kick Lf foward, ball Lf foward, step Rf foward
7-8 step Lf foward in L diagonal, touch Rf next to L

TAG 1 end wall 6 (4 counts) facing 12:00

step side touch x2

1-2 step Rf on side , touch Lf next to R
3-4 step Lf on side, touch Rf next to L

TAG 2 end wall 7 (8 counts) facing 6:00

step side touch x4

1-2 step Rf on side , touch Lf next to R
3-4 step Lf on side, touch Rf next to L
5-6 step Rf on side , touch Lf next to R
7-8 step Lf on side, touch Rf next to L

start again with smile

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