Shivers



拍數: 32 牆數: 4 級數: Improver

編舞者: Nathalie LATERRIERE (FR) - September 2021

音樂: Shivers - Ed Sheeran



No tag / No Restart

Start: 32 counts (after the beginning of the lyrics "I took an arrow to the HEART")

S1: CROSS TOUCH R, DIAGONAL POINT R, BACK R, POINT BACK L, 3/8 T L, POINT R/L

1-2	Cross R toe next to LF, point R toe to R diagonal (1:30)	

- 3-4 Step back on RF (facing 1:30), point LF back
- 5-6 Make 3/8 T L closing LF next to RF, point RF to R side (9:00)
- 7-8 Step RF next to LF, point LF to L side

S2: BACK TOE STRUTS L/R, DIAGONAL BALLS WITH BUMPS L/R

1-2	Step back on toe of LF, drop down L heel
3-4	Step back on toe of RF, drop down R heel

Step forward on ball of LF to L diagonal with a bump, step LF next to RF
Step forward on ball of RF to R diagonal with a bump, step RF next to LF

S3 : TOE STRUT FORWARD L , $\frac{1}{2}$ T L BACK TOE STRUT R, BACK L, TOUCH FORWARD R WITH KNEE POP , RECOVER R, SCUFF L

1-2	Step forward	on toe	of I F	drop down	l heel
1 ~	OLOD IOI WAI U		OI LI ,	arop activit	

- 3-4 Make a ½ T L stepping back on toe of RF, drop down R heel (3:00)
- 5-6 Step back on LF, touch RF forward popping your R knee and sitting back on LF
- 7-8 Recover onto RF, scuff LF

S4: WALKS L/R WITH HOLDS, BOUNCE ½ T L, BACK L, HOOK R

1-2	Walk LF, HOLD
3-4	Walk RF. HOLD

5-6 Make a ¼ T L raising then lowering both heels, make a ¼ T L raising then lowering both

heels (9:00) * (end weight on RF)

7-8 Step slightly back on LF, hook RF across L shin

*Style: On counts 5-6, lean back your shoulders