

Give Me Shivers

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Julia Wetzel (USA) - September 2021
音樂: Shivers - Ed Sheeran



Intro: 32 counts, start with lyrics "Heart" (14 sec. into track)

[1 - 8] Swivet, Back, Kick, Back, Point Side, Point Fw, Point Side

- 1, 2 With weight on R heel and L toe, twist R toe to right side and L heel to left side (1), Return feet back to center with weight on L (2) 12:00
3, 4 Step R back (3), Kick L fw (4) 12:00
5 - 8 Step L back (5), Point R to right side (6), Point R fw (7), Point R to right side (8) 12:00

[9 - 16] Leg Raise, Cross, Side, Behind, Side Rock, Behind, ¼ R

- 1, 2 Sm. Hop on L or rise up on ball of L and raise R leg up while keeping it straight to right side and slightly behind (1), Cross R over L (2) 12:00
3, 4 Step L to left side (3), Step R behind L (4) 12:00
5, 6 Rock L to left side (5), Recover R (6) Optional styling: Shimmy shoulders and listen for "Shivers" on Wall 3, 6, 8 12:00
7, 8 Step L behind R (7), ¼ Turn right step R fw (8) 3:00

[17- 24] Slow Hip L R, Out, Out, Behind, ¼ R

- 1, 2 Place L toe to left side and roll hip CCW (1), Slowly lower L heel (2) 3:00
3, 4 Place R toe to right side and roll hip CW (3), Slowly lower R heel (4) 3:00
5 - 8 Replace weight on L (5), Replace weight on R (6), Step L behind R (7), ¼ Turn right step R fw (8) 6:00

[25 - 32] Diag. Step, Touch, Diag. Back, Touch, Back L R L, Side

- 1 - 4 Step L fw to left diag. (1). Touch R next to L (2), Step R back to right diag. (3), Touch L next to R (4) 6:00
5 - 8 Step L back (5), Step R back (6), Step L back (7), Step R to right side (8) 6:00

***Restart here on Wall 2 and 5**

[33 - 40] ¼ L Side, Point, Full Rolling Turn R, Touch In-Out-In

- 1, 2 ¼ Turn left step L to left side (1), Point R to right side (prep) (2) 3:00
3 - 5 ¼ Turn right step R fw (3), ½ Turn right step L back (4), ¼ Turn right step R to right side (5)

Non-Turning Option: Step R to right side (3). Cross L over R (4), Step R to right side (5) 3:00

- 6 - 8 Touch L next to R (6), Touch L to left side (7), Touch L next R (8) 3:00

[41 - 48] Side, Drag, ¼ R Back Rock, Toe Strut R L

- 1 - 4 Big step L to left side (1), Drag R to L (2), ¼ Turn right rock R back (3), Recover L (4) 6:00
5 - 8 Step R toe fw (5), Step R heel down (6), Step L toe fw (7), Step L heel down (8)

Optional styling: Shimmy shoulders while listening for lyrics "Shivers" on Wall 3, 6, 8 6:00

[49 - 56] Rocking Chair, Step, Monterey ¼ L

- 1 - 4 Rock R fw (1), Recover L (2), Rock R back (3), Recover L (4) 6:00
5 - 8 Step R fw (5), Point L to left side (6), ¼ Turn left on R step L next to R (7), Point R to right side (8) 3:00

[57 - 64] Jazz Box, ¾ L, Side

- 1 - 4 Cross R over L (1), Step L back (2), Step R to right side (3), Cross L over R (Prep) (4) 3:00

5 - 8 ¼ Turn left step R back (5), ¼ Turn left step L next to R (6), ¼ Turn left step R to right side (7), Step L to left side (8) Styling: ¾ left turn is done with minimal traveling or "on the spot"
6:00

Restart On Wall 2 and 5 dance up to Count 32 then restart. Wall 3 starts at 12:00 and Wall 6 starts at 6:00

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