

Living In A Lie

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Vikki Morris (UK) - September 2021
音樂: Living in a Lie - Steps : (amazon)



Start: 8 counts

S1: R Step, Bounce x3 ½ Turn L, L Coaster, R Shuffle

1 Step Right forward
2 3 4 Bounce on heels 3 times as you turn ½ turn Left (6 o clock)
5&6 Step back on Left, Step Right next to Left, Step forward Left
7&8 Step forward Right, Step Left next to Right, Step forward Right

S2: L Step, Bounce x3 ½ Turn R, R Coaster, L Shuffle

1 Step Left forward
2 3 4 Bounce on heels 3 times as you turn ½ turn Right (12 o clock)
5&6 Step back on Right, Step Left next to Right, Step forward Right
7&8 Step forward Left, Step Right next to Left, Step forward Left

S3: R Samba Step, L Samba Step, R Cross Rock Recover L, ½ Turn R, ¼ Turn R

1&2 Cross step Right forward over Left, Rock Left to Left side, Recover on Right
3&4 Cross step Left forward over Right, Rock Right to Right side, Recover on Left
5 6 Cross rock forward on Right, Recover on Left
7 8 Turn ½ turn Right stepping forward Right, Turn ¼ turn Right stepping Left to Left side (9 o clock)

**** STEP CHANGE ON WALL 5 FOR COUNT 8, WALK FORWARD LEFT****

S4: R Behind, Point L, Cross L, Tap R, R Kick Ball Change x 2

1 2 Cross Right behind Left, Point Left to Left side
3 4 Cross Left over Right, Tap Right to Right side
5&6 Low kick Right forward, Step on ball of Right, Step Left next to Right
7&8 Low kick Right forward, Step on ball of Right, Step Left next to Right

S5: R Rock Recover L, Shuffle ½ R, Full Turn R, Pivot ¼ R

1 2 Rock forward on Right, Recover on Left
3&4 Turn ¼ turn Right with Right, Step Left next to Right, Turn ¼ turn Right stepping forward Right (3 o clock)
5 6 Turn ½ turn Right stepping back on Left, Turn ½ turn Right stepping forward on Right
7 8 Step forward Left, Pivot ¼ turn Right (6 o clock)

S6: L Cross, R Side, L Behind, Point R, Cross R, L Side, R Sailor Step

1 2 Cross Left over Right, Step Right to Right side
3 4 Cross Left behind Right, Point Right to Right Side
****RESTART HERE ON WALL 3 FACING 6 O CLOCK****
5 6 Cross Right over Left, Step Left to Left side
7&8 Cross Right behind Left, Step Left to Left side, Step Right to Right side

S7: Cross L, HOLD, R Ball Step, Cross L, Scuff Hitch Right, Cross R, HOLD, L Ball Step, Cross R, ½ L Cross L

1 2 Cross Left over Right, HOLD
&3 4 Step ball of Right to Right side, Cross Left over Right, Scuff and hitch Right
5 6 Cross Right over Left, HOLD

& 7 8 Step ball of Left to Left side, Cross Right over Left, Turn ½ turn Left crossing Left over Right (12 o'clock)

S8: R Side Rock Recover L, R Behind, L Side, Cross R, L Side Rock Recover R, L Behind, R Side, L Forward

1 2 Rock Right to Right side, Recover on Left
3&4 Cross Right behind Left, Step Left to Left side, Cross Right over Left
5 6 Rock Left to Left side, Recover on Right
7&8 Cross Left behind Right, Step Right to Right side, Step Left forward

S9: Pivot ¼ L, R Cross Shuffle, L Side Rock Recover R, L Coaster ¼ L

1 2 Step forward Right, Pivot ¼ turn Left (9 o'clock)
3&4 Cross Right over Left, Step Left to Left side, Cross Right over Left
5 6 Rock Left to Left side, Recover on Right
7&8 Turn ¼ turn Left stepping back on Left, Step Right next to Left, Step forward Left (6 o'clock)

TAG - End of Wall 1 facing 6 o'clock

R Rocking Chair

1 2 Rock forward on Right, Recover on Left
3 4 Rock back on Right, Recover on Left

Restart 1 - Wall 3 after count 44, (Point R, S6) facing 6 o'clock

Restart 2 with step change

Wall 5 count 24 (S3), Replace the ¼ turn Right with a step forward Left, Restart facing 6 o'clock

Email; gypsycowgirl70@hotmail.com
