Give Me The Shivers

級數: High Beginner

編舞者: Claudia Arndt (DE) - September 2021

音樂: Shivers - Ed Sheeran

The dance starts after 32 beats

拍數: 32

S1: Vine R, Vine L Turning, 1/4 I

- RF Step to the right, LF cross behind RF 1-2
- 3-4 RF Step to the right, LF next to RF
- 5-6 LF Step to the left ,RF cross behind LF
- 7-8 LF Step to the left, LF ¼ Turn left, tap RF next to LF (9 am)

S2: Vine R, Vine L Turning ¼ I With Hitch

- 1-2 RF Step to the right, LF cross behind RF
- 3-4 RF Step to the right, LF next to RF
- 5-6 LF Step to the left ,RF cross behind LF
- 7-8 1/4 Turn left around and step forward with left - Lift your right knee (6 am)

S3: Rocking Chair R, Scissor Step ,Hold

- 1-2 Step forward with right, Weight back to the LF
- 3-4 Step backwards with right, Weight back to the LF
- 5-6 RF step to the right, put LF to RF
- 7-8 Cross RF over LF, hold

S4: Scissor Step ,Hold ,Step Forward R, Heels bounces turning 1/2 L

- 1-2 LF step to the left, put RF an LF
- 3-4 Cross LF over RF - hold
- 5-8 RF step forward, both hacks 3x raise and lower, thereby 1/2 turn to the left(12 Uhr)

repetition to the end





牆數:1