

# My Life Is Lonely

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Hidupku Sunyi - Tantowi Yahya



## No Tag & No Restart

### S1. SIDE, TOGETHER, BACK SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

1-2            Step RF to side, Step LF next to RF  
3&4           Step RF back, Step LF next to RF, Step RF back  
5-6           Rock LF back, Recover on RF  
7&8           Step LF fwd, Step RF next to LF, Step LF fwd

### S2. RIGHT GRAPEVINE - TOUCH, FULL TURN. LEFT ROLLING VINE - TOUCH

1-4           Step RF to side, Cross LF behind RF, Step RF to side, Touch LF next to RF  
5-8           Turn ¼ L. Step LF fwd, Turn ½ L. Step RF back, Turn ¼ L. Step LF to side, Touch RF next to LF

### S3. DIAGONAL FORWARD, LOCK, FORWARD LOCK SHUFFLE ( RIGHT/LEFT )

1-2           Step RF diagonal fwd R, Lock cross LF behind RF  
3&4           Step RF diagonal fwd R, Lock cross LF behind RF, Step RF diagonal fwd R  
5-6           Step LF diagonal fwd L, Lock cross RF behind LF  
7&8           Step LF diagonal fwd L, Lock cross RF behind LF, Step LF diagonal fwd L

### S4. ROCK SIDE, RECOVER, CROSS SHUFFLE, ROCK SIDE, TURN ¼ RIGHT .RECOVER, FORWARD SHUFFLE

1-2           Rock RF to side, Recover on LF  
3&4           Cross RF over LF, Step LF to side, Cross RF over LF  
5-6           Rock LF to side, Turn ¼ R. Recover on RF  
7&8           Step LF fwd, Step RF next to LF, Step LF fwd

## HOPE YOU ENJOY & HAVE FUN

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