

Markisa

拍數: 48 牆數: 2 級數: Phrased High Beginner
編舞者: Fie Fie Phan (INA) - September 2021
音樂: Markisa - Cinta Laura Kiehl



Sequences : AA BB CC TAG AA BB CC AA BB CC CC

Intro : The dance start right after the vocal. Stand with Lf forward, so you could just start with count 2.

PART A (16 Count)

S1: Walk Lf, Rf, Lf, Together, Touch Side, Together, Touch Side, Monterey Half Turn R

1234 Step Lf frwd, step Rf frwd, Step Lf frwd, Step Rf beside Lf

5678 Touch Lf to L, Step Lf beside Rf, Touch Rf to R, Turn ½ R Step Rf beside Lf (06.00)

S2: Side, Recover, Back, Side, Recover, Coaster Step

1234 Rock Lf to L, Recover Rf, Step Lf back, Step Rf to R

5678 Recover Lf, Step Rf back, Step Lf beside Rf, Step Rf frwd

(Repeat Part A, and it will end up at 12.00)

PART B (16 Count)

S1: Step Side, Twist Rf In, Out, Hitch, Step Side, Hold, Step Across, Step Side

1234 Step Lf to L, towards Lf twist Rf Heel In, Heel Out, Hitch Rf (body facing 1.30)

5678 Step Rf to R, HOLD, Step Lf across Rf, Squaring 1/8 L Step Rf to R (12.00)

S2 Step Back, Hold, Back, Hold, Rock Back, Recover, Forward, ½ R Step Together

1234 Step Lf back, HOLD, Step Rf back, HOLD

5678 Rock Lf back, Recover Rf, Step Lf frwd, Turn ½ R Step Rf beside Lf (06.00)

(Repeat Part B, and it will end up at 12.00)

PART C (16 Count)

S1: Rock L, Together, Rock R, Together, Pop both Knee Out 3X, Straighten Up

1234 Step Lf to L, Recover Rf step Lf beside Rf, Step Rf to R, Recover Lf step Rf beside Lf

5678 Pop both Knee Out 3X, Straighten up both feet weight on R

S2: Back, Hold, Back, Hold, Sway Frwd, Back, Frwd, Turn ¼ L Step Together

1234 Step back Lf, HOLD, Step back Rf, HOLD

5678 Recover Lf frwd, Recover Rf back, Recover Lf frwd, Turn ¼ L Step Rf beside Lf (09.00)

(Hand Styling Optional: (12) Both hands up and sway palms to L, (34) sway palms to R, (567) sway palms to L, R, L)

(Repeat Part C, add TAG then start wall 2 at 06.00)

TAG (8 count) at 06.00

1234 Step Lf to L, Hold, Close Lf beside Rf, Hold

5678 Step Rf to R, Hold, Close Rf beside Lf, Hold

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