

Not for Everyone

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa Williams (USA) - September 2021
音樂: I'm Not For Everyone - Brothers Osborne



****1 tag 1 restart**

Heel jacks right and left, Rock forward recover, triple 1/2 turn right

1&2& cross right foot over left, step left with left foot, put right heel out front right diagonal, replace right foot next to left
3&4& cross left foot over right, step right with the right foot, put left heel out front left diagonal, replace left foot next to right
5 6 Rock Ford on the right foot recover on left foot
7&8 step back with the right foot 1/4 turn right step left foot next to the right step on the right foot 1/4 turn (makes a 1/2 turn)

Triple 1/2 turn right, triple 1/2 turn right, left ball rock recover right ball rock recover

1&2 step forward with left foot 1/4 turn right, step right foot next to the left, step on the left foot 1/4 turn (makes a 1/2 turn)
3&4 step back with the right foot 1/4 turn, step left foot next to the right, step on the right foot 1/4 turn right (makes 1/2 turn)
5 6& step left foot forward (weight on ball of foot), recover on right foot, step left foot back next to the right
7 8 step right foot forward, (weight on ball of foot), recover on left foot ******(can add a body roll with each ball recover for styling)

Shuffle back with the right foot, left side rock, double cross, right side rock 1/4 turn left

1&2 step right foot back, step left foot next to right, step right foot back
3 4 step left foot left recover on right foot ******(can add hand motion for styling)
5&6 step left foot over right, step right that slightly to the right, cross right foot over left again
7 8 step right foot right recover on the left foot quarter turn left ******(can add hand motion for styling)

Shuffle forward, fall turn over right shoulder, cross right over left unwind full-turn over left shoulder

1&2 step right foot forward ring left foot to right foot step right foot forward
3 4 5 step forward with your left foot, 1/2 turn right, step on right foot 1/4 turn right, step on left foot 1/4 turn (Full turn)
6 7 8 cross right toe over left foot, unwind for a full turn

One tag at the end of wall 2 ****(right diagonal rocking chair)********

One restart on wall 5 **** with step change********

After the shuffle forward, counts 1&2 on the LAST eight count, **** step the left foot next to the right foot and hold for one count********