

Settling Up Settling Down

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Mel Zaiko (USA) - September 2021
音樂: Settling Down - Miranda Lambert



Start on main vocals - No tags, no restarts

RIGHT AND LEFT SIDE ROCK CROSS

1&2 Right side rock, recover to Left, cross Right over Left
3&4 Left side rock, recover to Right, cross Left over Right

SIDE TOGETHER SIDE; 1/4 TURN LEFT COASTER STEP

5&6 Step to Right side, together with Left, step to Right side
7&8 1/4 turn Left - Step Left back, step Right back, step Left forward

RIGHT SHUFFLE STEP, LEFT SHUFFLE STEP

1&2 Step forward Right, Left behind Right, step Right forward
3&4 Step forward Left, Right behind Left, step Left forward

WALK, WALK, RIGHT FORWARD MAMBO

5-6 Right step forward, Left step forward
7&8 Right rock forward; Left replace; Right step back

LEFT AND RIGHT SIDE ROCK CROSS

1&2 Left side rock, recover to Right, cross Left over Right
3&4 Right side rock, recover to Left, cross Right over Left

SIDE TOGETHER SIDE; 1/4 TURN RIGHT COASTER STEP

5&6 Step to Left side, together with Right, step to Left side
7&8 1/4 turn Right - Step Right back, step Left back, step Right forward

LEFT SHUFFLE, RIGHT SHUFFLE

1&2 Step forward Left, Right behind Left, step Left forward
3&4 Step forward Right, Left behind Right, step Right forward

WALK, WALK, MAMBO 1/2 TURN LEFT

5-6 Left step forward, Right step forward
7&8 Left rock forward; Right replace; 1/2 Left step

Repeat