

I'm Outta Love

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Karolina Ullénstäv (SWE) - September 2021
音樂: I'm Outta Love - Anastacia



Tag after wall 2 and 6. Restart in wall 4 and 12 after 24 counts. Tag also in wall 9 after 16 counts and then restart. Don't worry you will hear them all!

Tag (4 counts): RF rock step forward and recover onto LF (weight on LF), RF rock step back and recover onto LF (weight on LF) (Rocking Chair)

Intro 32 counts (intro starts when the beat in the music starts after she sings "Oooh..") BPM 120

Section 1: Steps forward with points diagonally fwd

- 1 RF step forward (facing 12.00)
- 2 LF point diagonally forward left
- 3 LF step forward
- 4 RF point diagonally forward right
- 5 RF step forward
- 6 LF point diagonally forward left
- 7 LF step forward
- 8 RF point diagonally forward right

Section 2: Grapevine right with a ¼ turn right ending with quick and small steps forward

- 1 RF step right
- 2 LF step behind RF
- 3 Turn ¼ right stepping RF forward (facing 03.00)
- 4 LF step forward turning ½ right on ball of LF (weight on LF) (facing 09.00)
- 5 RF step in place
- 6 LF step forward
- 7 RF small and quick step forward
- & LF small and quick step forward
- 8 RF touch beside LF

Section 3: Toe struts backwards and then a full turn backwards right while doing toe struts in the turn

- 1 RF toe step back
- 2 RF heel step in place
- 3 LF toe step back
- 4 LF heel step in place
- 5 Turn ½ right backwards on ball of LF (weight on LF) stepping RF toe forward
- 6 RF heel step in place
- 7 Turn ½ right on ball of RF (weight on RF) stepping LF toe back (facing 09.00)
- 8 LF heel step in place

Section 4: Long sliding step right, touch beside, point left to the side, touch beside, ending with a rolling vine full turn to the left and clap once

- 1 RF long sliding step right
- 2 LF touch beside RF
- 3 LF point left to the side
- 4 LF touch beside RF
- 5 Turn ¼ left stepping LF forward
- 6 Turn ½ left on ball of LF (weight on LF) stepping RF back
- 7 Turn ¼ left on ball of RF (weight on RF) stepping LF left to the side (facing 09.00)

8 RF touch beside LF and clap once

Have fun dancing this one and enjoy the rhythm!
