

# Heads Up! Ho Down!

COPPERKNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Georgie Mygrant (USA) - September 2021  
音樂: Ho Down - Brady Seals



**Intro: 16 - 1 Tag at the end of wall 4 for 16 counts**

## Rocking Chair 2x

1-4      Step R fwd. rock back on L, rock back on R, return to L  
5-8      Step R fwd. rock back on L, rock back on R, return to L

## Triple step R/ L, Step Fwd. Turn ½ to L

1&2-3&4      Step fwd. R/L/R, step fwd. L/R/L  
5-8      Step fwd. on R turning ½ L, step on L, step on R then L

## Modified K Step

1-4      Step R fwd. diagonally, touch L to R, step back L diagonally, touch R to L  
5-8      Step back R diagonally, step L to R, step back L diagonally, touch R to L

## 2 Kick-Ball Chain's, Jazz Box Turning R

1&2-3&4      Kick R fwd. step on R, Lift L, then step on L, Repeat  
5-8      Step R over L, step back on L turning R, step on R, then L

## Tag: 2 Box steps. 1 back, 1 fwd. At End of Wall 4

1-4      Step R, step L to R, step R back, touch L to R,  
5-8      Step L to L, step R to L, step L fwd. touch R to L

1-4      Step R to R, step L to R, step R fwd. touch L to R,  
5-8      Step L to L, step R to L, step L back, touch R to L

**That's it! A catchy little song. Hope you like it!**

**mygeo@adamswells.com**

**I enjoy making my routines easy for beginners. Give it a try and see if your class likes it! Thank You**