

# Cold Heart

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mandy Eades (UK) - September 2021  
音樂: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



**Intro: 16 Counts from the heavy beat if you are using Spotify otherwise it's 32 Counts.**

## **Section One: R Side Rock Recover, Weave Point, Cross ¼ Turn L**

1 2      Rock R Foot on R side, Recover on L  
3 4      Cross R over L, step L to L side  
5 6      Cross R behind L, Point L to L side angling body slightly to R diagonal  
7 8      Cross L over R. Make ¼ turn L stepping back R (9 o'clock)

## **Section Two: Shuffle ½ Turn L, R Rock Fwd, & L Rock Fwd, Step Back Touch**

1&2      ¼ turn L stepping L to L side, step R next to L, ¼ turn L stepping Fwd on L (3 o'clock)  
3 4      Rock Fwd on R, Recover on L  
&5 6      Step R Next to L, Rock Fwd on L, Recover on R  
7 8      Step Back L, Touch R Next to L

## **Section Three: 2 x Step Fwd Diagonally, Touch & Clap, 2 x Step Back Diagonally, Touch & Clap**

1 2      Step R Fwd to R diagonal, Touch L toe beside R and clap hands  
3 4      Step L Fwd to L diagonal, Touch R toe beside L and clap hands  
5 6      Step R back to R diagonal, Touch L toe beside R and clap hands  
7 8      Step L back to L diagonal, Touch R toe beside L and clap hands

## **Section Four: Vine R, Touch, Vine L, Touch (Optional rolling vines)**

1 2      Step R to R side, Step L behind  
3 4      Step R to R side, Touch L beside R  
5 6      Step L to L side, Step R behind  
7 8      Step L to L side, Touch R beside L

**Teaching: ---**

**Section 1 has a ¼ turn**

**Section 2 has a ½ turn with rock steps**

**Section 3 has some very easy steps and so has**

**Section 4 with an option to change the grapevines to rolling vines**

**No tags, No restarts - Have fun and enjoy**