

Ain't Too Proud to Beg

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - September 2021
音樂: Ain't Too Proud to Beg - The Temptations : (Spotify)



(Intro: 32 counts)

[S1] Side, Behind, 1/4R, Fwd, L Heel Swivel Out-In-Out-Centre

1 2 3 4 Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R, Step/touch forward on L (weight on R) (3:00)
5 6 7 8 Swivel L heel out to the left, Swivel L heel in to the right, Swivel L heel out to the left, Swivel L heel back to the centre (step down on L)

[S2] Cross, Side, Behind, Side, Cross Rock, 1/4R Shuffle

1 2 3 4 Cross R over L, Step L to the side, Step R behind L, Step L to the side
5 6 Rock R over L, Replace weight on L
7&8 Make a 1/4 turn right stepping forward on R, Step L close to R, Step forward on R (6:00)

[S3] Side, Behind, 1/4L, Fwd, L Heel Swivel Out-In-Out-Centre

1 2 3 4 Step L to the side, Step R behind L, Make a 1/4 turn left stepping forward on L, Step/touch forward on R (weight on L) (3:00)
5 6 7 8 Swivel R heel out to the right, Swivel R heel in to the left, Swivel R heel out to the right, Swivel R heel back to the centre (step down on R)

[S4] L Rocking Chair, Step-Pivot 1/2R, Fwd Shuffle

1 2 3 4 Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R
5 6 Step forward on L, Make a 1/2 turn right recover weight on L (9:00)
7&8 Step forward on R, Step L next to R, Step forward on R

No tags or restarts

Ending suggestion:

The last wall starts facing 12:00. Dance up to count 8 (9:00), then Step forward on R (9) -Pivot 1/4L (10) -Cross R over L (11) (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 8/Sept/21)