

Hair Toss

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sandra Robinson & Billie Jean Darling - April 2020
音樂: Good as Hell - Lizzo



Intro: 2 counts (Right foot steps back on the word hair)

S3 repeat at wall 3 (facing 12:00) (to clarify we do S3 twice on wall 3)

Tag at wall 7 (facing 12:00) insert 4 count jazz box then restart from the beginning

S1 Rock recover triple step

1- 2 Step R foot back (1), Recover onto L (2)
3-&-4 Triple step R (3), L (&) R (4)
5- 6 Step L foot back (5), Recover onto R (6)
7-&-8 Triple step L (7), R (&) L (8)

S2 V Steps

1-2 Step R forward (to right diagonal 1), step L forward (to left diagonal 2)
3-4 step R back (to center 3), step L together (4)
5-6 Step R forward (to right diagonal 5), step L forward (to left diagonal 6)
7-8 step R back (to center 7), step L together (8)

S3* kick kick cross and point

1&-2& kick R foot forward (1) step R next to left (&), kick L foot forward (2) step L next to right (&)
3-4 Cross R over L (3) point L out to left (4)
5&-6& kick L foot forward (5) step L next to right (&), kick R foot forward (6) step R next to left (&)
7-8 Cross L over R (7) point R out to right (8)

S4 Cross, ¼ turn, ¼ turn shuffle, coaster step

1-2 Cross R over left (1), L ¼ turn left (2)
3-&4 R ¼ right turn (3), Shuffle L touch to right (&) R step to right (4)
5-6 L step left (5), cross R over L (6)
7-&-8 L step back (7), R step to left (&) L step forward (8)

Wall 3 repeat of section 3 S3* kick kick cross and point

1&-2& kick R foot forward (1) step R next to left (&), kick L foot forward (2) step L next to right (&)
3-4 Cross R over L (3) point L out to left (4)
5&-6& kick L foot forward (5) step L next to right (&), kick R foot forward (6) step R next to left (&)
7-8 Cross L over R (7) point R out to right (8)

Wall 7 Jazz box tag

1-2 Cross R over L (1), Step back on L (2)
3-4 Step back on R (3), Step L next to R (4)

Restart from section 1 completing all 4 sections one last time

Optional Ending: repeat section 4

1-2 Cross R over left (1), L ¼ turn left (2)
3-&4 R ¼ right turn (3), Shuffle L touch to right (&) R step to right (4)
5-6 L step left (5), cross R over L (6)
7-&-8 L step back (7), R step to left (&) L step forward (8)