

Honor Their Sacrifice

拍數: 32 牆數: 4 級數: Improver
編舞者: Pat Esper (USA) - September 2021
音樂: Mr Red White and Blue - Coffey Anderson



#2 restarts

Dance map: 32-24-32-32-16-32-32-32

[1-8]: Step side, Rock, Recover, Step, Turn step, Rock, Recover, Turn step side, Behind, Step side

- 1-2& Step the left foot to the side, Rock the right foot behind the left, Recover onto the left foot.
3-4 Step the right foot to the side, Turn a three quarter turn over the left shoulder and step forward on the left foot.
5-6 Rock forward on the right foot. Recover onto the left foot.
7-8& Make a quarter turn to the right stepping the right foot to the side and slightly dragging the left foot. Step the left foot behind the right, Step the right foot to the side.

[9-16]: Cross, Unwind, Sailor step, Weave, Sway, Sway

- 1-2 Step the left foot across the right foot. Unwind a half turn turning to the right.
3&4 Step the right foot behind the left, Step the left foot in place, Step the right foot to the right.
5&6 Step the left foot behind the right, Step the right foot to the side, Step the left foot across the right.
7-8 Stepping the right foot to the side, sway the hips to the right, Sway the hips to the left (end with weight on the left)

[17-24]: Weave with turn, Rock, Recover, Coaster step, Chase turn

- 1&2 Step the right foot behind the right, Step the left foot to the side, Turn a quarter turn to the left stepping forward on the right foot.
3-4 Rock forward on the left foot. Recover onto the right foot.
5&6 Step back on the left foot, Step the right foot next to the left foot, Step forward on the left foot.
7&8 Step forward on the right foot, Turn a half turn over the left shoulder, Step forward on the right foot.

[25-32]: Roll turn forward, Step side, Rock, Recover, Weave, Cross, Unwind

- 1&2 Turn a half turn to the right stepping back on the left foot, Turning a half turn to the right, step the right foot next to the left, Step forward on the left foot. (This travels forward to the 3:00 wall)
3-4& Step the right foot to the side, Rock the left foot behind the right, Recover onto the right foot
5-6& Step the left foot to the side. Step the right foot behind the left, Step the left foot to the side.
7-8 Step the right foot across the left. Unwind a half turn to the left.